

# TOWN OF EAST WINDSOR ELDERLY COMMISSION

**REGULAR MEETING**  
**MONDAY, OCTOBER 28, 2019 AT 5:30 P.M.**  
EAST WINDSOR SENIOR CENTER  
(SECOND FLOOR, BROAD BROOK FIRE STATION)  
125 MAIN STREET, BROAD BROOK, CT.

## MEETING MINUTES

\*\*\* *These Minutes are not official until approved at a subsequent meeting*\*\*\*

### I. Call to order:

Chairman Badstubner called the Meeting to Order at 5:30 p.m. in the Senior Center, second level of the Broad Brook Fire Station, 125 Main Street, Broad Brook, CT.

### II. Attendance:

**Present:** Claire Badstubner (Chairman), and Bob Cormier; Betsy Burns joined the Commission via telephone.

**Absent:** All Commission Members was present.

Melissa Maltese, Director of Recreation and Community Services, joined the Commission.

### III. Added Agenda Items None.

### IV. Approval of Minutes –March 25, 2019:

**MOTION:** To ACCEPT the Minutes of the Elderly Commission dated March 25, 2019 as written.

**Cormier moved/Burns seconded/DISCUSSION:** None.

**VOTE:** In Favor: Unanimous (Badstubner/Burns/Cormier)  
(No one opposed/No abstentions)

### V. Open Discussion:

#### a) Miscellaneous discussion:

Mrs. Maltese asked if the Commission has any projects they would like her to research for them for the coming year? Discussion followed regarding existing programs hosted at the Senior Center vs. new offerings. Mrs. Maltese noted new people, who have heard about the programs at the Senior Center by word of

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mouth, are coming in every week; she is considering hosting programs in the evening to attract younger seniors who are still working. Her target date is March, 2020 as the Spring season begins.

Mrs. Maltese reported they are planning to hold a *Senior Prom* in conjunction with the Leo Club; photo booths are a popular addition to the dancing.

Mr. Cormier noted a large crowd attended the recent *Health Fair*; he suggested the Elderly Commission host a table at the next fair to encourage other Seniors to fill the Commission vacancies. Mrs. Maltese indicated she'll make a note to include the Elderly Commission when organizing the Health Fair next year. Chairman Badstubner noted the Health Fair was hosted at the Senior Center this year, which seemed to be a better location; Mr. Cormier felt this location was better for the event as parking wasn't as limited as it is at the Annex, and parking is in closer proximity to the Senior Center.

Mrs. Maltese reported one program she is looking to expand is the *foot clinic*. The current clinic runs all day at the Senior Center, and is booked to capacity. She's considering adding a second day, perhaps at Park Hill or Spring Village. She noted some Meals on Wheels participants have expressed interest in the foot clinic; she's considering offering in-home services as well. Mrs. Maltese reported she'll be talking with staff members of the East Windsor Community Wellness Association, formerly the Visiting Nurse Association, to partner with the Senior Center on the expansion of this service.

Regarding *Budget issues*, Mrs. Maltese reported the Board of Finance approved a supplemental appropriation to the Senior Center, which funded *renovation of the kitchen at the Senior Center*. Renovations include installation of a new floor, cabinets, and appliances. Work has been scheduled around Senior activities so the kitchen remains functional during the renovation.

Mrs. Maltese continues to post *for a part-time driver for the Senior bus*. Applicants must have a CDL license as the buses are provided through Federal funding. The addition of this driver would enable Mrs. Maltese to schedule activities later in the day, or in the evening.

Mrs. Maltese reported a new project she has been working on in conjunction with the Police Department is the *creation of a database of the Senior population* which would assist the Police Department to respond during emergencies and become familiar with the Senior population. She and Police Department staff are currently working on a questionnaire to be provided to Seniors to collect the information. Ms. Burns noted a similar database had been created perhaps 10 or 12 years ago; perhaps some of that information could be useful. Mrs. Maltese reported the questionnaire would be provided to residents in The Carousel Apartments, Spring Village, Park Hill, and the Over 55 Active Adult

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communities. Mrs. Maltese will put this information on social media. She questioned the ability of adding a layer of this information to the Town's GIS which would identify households needing assistance during emergencies.

**b) Commission Membership:**

The Commission members reviewed the *status of membership*; Chairman Badstubner and Mr. Cormier's terms will end in December of this year. Both members expressed an interest in reappointment; Mrs. Maltese felt the Selectmen's Office will reach out to both members prior to their term ending. Ms. Burns term continues through December, 2020. The Commission currently has two vacancies. Mrs. Maltese will put a press release in the local newspapers encouraging local participation, and request the Selectmen's Office add a notice to the Town's Facebook page.

Discussion followed regarding the First Selectmen's Office initiative to create a *Welcome Package for new residents*.

**c) 2020 Elderly Commission Meeting Dates:**

A meeting schedule for 2020 has been submitted; the Commission prefers to continue to meet at 5:30 p.m. at the Senior Center on the fourth Monday in February, March, April, September, and October.

**MOTION: To ACCEPT the 2020 Elderly Commission Meeting dates as presented.**

**Cormier moved/Burns seconded/DISCUSSION: None.**

**VOTE: In Favor: Unanimous (Badstubner/Burns/Cormier)  
(No one opposed/No abstentions)**

**VI. Public Input – Comments only (5 minute maximum):**

Mrs. Maltese reported participation in the Senior Center activities is increasing; she is at the point of limiting participation due to lack of space. She is conferring with staff in Ellington regarding the footprint of their Community Center/Senior Center. Mrs. Burns suggested contacting the Town of Glastonbury as well.

**VII. Adjournment:**

**MOTION: To ADJOURN this Meeting at 6:30 p.m.**

**Burns moved/Cormier seconded/DISCUSSION: None.**

**VOTE: In Favor: Badstubner/Burns/Cormier**

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Respectfully submitted: \_\_\_\_\_  
Peg Hoffman, Recording Secretary, East Windsor Elderly Commission