

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>SENIOR CENTER CLOSED NEW YEARS DAY!</p> 	<p>2</p> <p>Shopping at Geissler's 9:00 Cribbage & Card Games 10:30 - 12:00 Florence Griswold Museum Lunch at Lenny & Joes 9:00 - 2:00 Warehouse Point Library 1:00 Wii Zumba with Melissa 12:30 - 1:30</p>	<p>3</p> <p>FREE BLOOD PRESSURE/SUGAR SCREENING 10:00 Tai Chi 10:30 - 11:30 FIRST ANNUAL SENIOR CLUB AUCTION 12:30 - 3:00</p>	<p>4</p> <p>FOOT CARE SERVICES 9:00 - 1:00 Presentation by First Selectwoman Denise Menard "ProAct Program" 12:30 - 1:30</p>
<p>7</p> <p>Shopping-Walmart/Big Y 9:00 - 11:00 ACTIVE CLASS 10:30 - 11:15 Knit, Tat, and Chat 12:30 Cribbage & Card Games 10:30 - 12:00 Wii Bowling 12:20 - 1:30 Art Classes 12:30</p>	<p>8</p> <p>Focus Group 10:00 - 11:00 FOOD FOR THOUGHT 11:00 - 11:30 ONE-ON-ONE LAW SESSIONS 12:30 Ask a Financial Advisor 12:30 Chair Yoga 12:30</p>	<p>9</p> <p>Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Wii Zumba with Melissa 12:30 - 1:30</p>	<p>10</p> <p>FOOT CARE SERVICES 9:00 - 1:00 Tai Chi 10:30 - 11:30 BBFD PRESENTATION "Dangers of Carbon Monoxide" 12:30 - 1:30</p> 	<p>11</p> <p> The Plant Connection 10:00 - 12:00 CUTTING COUPONS 12:30 - 1:30 Reminder--Sat. 1/12 at 10:00 a.m. Tri-Town Travelers Million Dollar Quartet</p>
<p>14</p> <p>Shopping-Walmart/Big Y 9:00 - 11:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Bowling 12:30 - 1:30 Art Classes 12:30</p>	<p>15</p> <p>Coffee & Sharing with Sr. Team 10:00 - 10:30  Primary Eye Care BINGO 10:30 - 11:30 Chair Yoga 12:30</p>	<p>16</p> <p>Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Old State House Luncheon Lecture "Myths and Legends of Emancipation Proclamation" and breakfast 10:00 - 2:00 Wii Fitness 12:30 - 1:30</p>	<p>17</p> <p>Tai Chi 10:30 - 11:30 Connecticut State Library Brown Bag Lunch "Shock the World: UCONN Basketball" 11:00 - 2:00  SENIOR CLUB MEETING 1:00 - 3:00</p>	<p>18</p> <p>Lunch at the Golden Coral 11:00 - 2:00  BINGO 12:30 - 2:00</p>
<p>21</p> <p>SENIOR CENTER CLOSED MARTIN LUTHER KING DAY!</p> 	<p>22</p> <p>Walking Club Enfield Square 9:00 - 11:45 Chair Yoga 12:30</p>	<p>23</p> <p>Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Craft Hour with Melissa 10:30 - 11:30 Wii Zumba with Melissa 12:30 - 1:30</p>	<p>24</p>  <p>MONTHLY SOCIAL ENTERTAINMENT BY "Bluebyrd"</p>	<p>25</p> <p>IN HOUSE MOVIE  "Hope Springs" 9:30 - 11:45 CUTTING COUPONS 12:30 - 1:30</p>
<p>28</p> <p>Shopping-Wal-art/Big Y 9:00 - 11:00 ACTIVE CLASS 10:30-11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat, and Chat 12:30 Wii Bowling 12:30 - 1:30 Art Classes 12:30</p>	<p>29</p> <p>Walking Club Enfield Square 9:00 - 11:45 Chair Yoga 12:30</p>	<p>30</p> <p>Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Wii Zumba with Melissa 12:30 - 1:30</p>	<p>31</p> <p>Tai Chi 10:30 - 11:30 State Rep. Chris Davis Legislative Update 12:30 - 1:30</p> 	

12/11/20

SENIOR CENTER HOURS - MONDAY THROUGH FRIDAY 8:00 a.m. to 3:00 p.m.
SENIOR SERVICES 292-8262 TRANSPORTATION PROGRAM 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ 292-8279
NUTRITION PROGRAM MEALS - ON - WHEELS 292-8279 WEBSITE WWW.EASTWINDSORCT.COM

