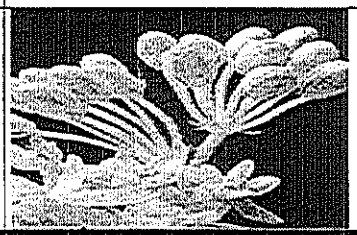
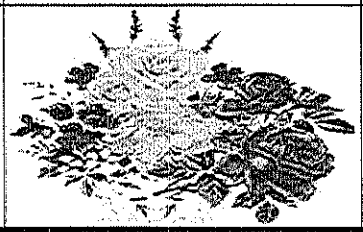
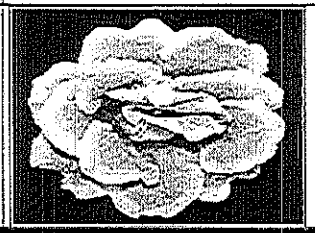
SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE AUGUST-2015

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
3	Sliced Meatloaf w/Gravy Sour Cream & Chive Mashed Potatoes Prince Edward Blend Vegetables 12-Grain Bread Sliced Pears	4	Grape Juice Grande Cheese Ravioli w/Tomato Sauce Tossed Salad Greens w/Tomatoes/Cucumbers Italian Dressing 100% Whoe Wheat Bread Sliced Apples	5	Baked Ham w/Raisin Sauce Cut-Up Sweet Potatoes Spinach Wheat Dinner Roll Pineapple Tidbits	6	Orange-Pineapple Juice Cran Raisin Chicken Salad In a Corn Bowl Tortellini Salad Shredded Lettuce Cookie	7	Buttercrumb Fish Filet Rice Medley Beets 100% Whole Wheat Bread Fresh Orange
10	Cran-Apple Juice Turkey Meatballs w/Sweet & Sour Sauce Oriental Rice Oriental Vegetables 12-Grain Bread Chocolate Pudding w/Whipped Topping	11	Orange-Pineapple Juice Veal Piccata Boiled Potatoes Sliced Carrots 100% Whole Wheat Bread Sliced Peaches & Pears	12	American Chop Suey California Blend Vegetables Spinach Salad w/Mandarins & Almonds Raspberry Vinaigrette Dressing 100% Whole Wheat Bread Mixed Fruit	13	Orange Juice Seafarer Seafood Salad on Croissant Baked Sweet Potato Lettuce Fresh Fruit	14	Grape Juice Tony's Individual Supreme Pizza Cucumber/Tomato & Onion Salad Saltines Fresh Watermelon
17	Barbeque Pork Ribeque Baked Beans Broccoli Cuts Rye Bread Pineapple Tidbits & Mandarin Orange	18	Seasoned Chicken in Alfredo Sauce Farfalle Noodles Italian Mixed Vegetables Dinner Roll Fresh Orange	19	Orange Juice Roast Beef w/Gravy Garlic Smashed Potatoes Cut Green beans Wheat Dinner Roll Sliced Apples	20	Beef Vegetable Soup Eggplant Roll-Up w/Marinara Sauce Rotini w/Tomato Basil Sauce Mixed Vegetables Club Roll Oatmeal Fruit Bar	21	Orange –Pineapple Juice Fish Florentine Confetti Rice Green Beans & Wax Beans Pumpernickel Bread Sliced Peaches
24	NATIONAL EAT A PEACH DAY Orange Juice Italian Meatballs w/Italian Sauce Penne w/Italian Sauce Italian Green Beans Club Roll Sliced Peaches Over Pound Cake w/Whipped Topping	25	Tomato Vegetable Soup Cold Cut Grinder: Turkey/Ham/American Cheese Potato Puffs Leaf Lettuce/Sliced Tomatoes Grinder Roll/Saltines Mustard/Mayonnaise Fresh Fruit	26	Roast Pork Hawaiian Style Fluffy White Rice Broccoli Spears 12-Grain Bread Pineapple Tidbits & Mandarins	27	Orange-Pineapple Juice Oven Fried Chicken Mashed Potatoes Peas & Diced Carrots Wheat Dinner Roll Sliced Apples	28	Alaskan Pollock w/Seafood Sauce Wild Rice Scandinavian Blend Vegetables Pumpernickel Bread Tropical Fruit
31	Grape Juice Cheesy Meat Lasagna w/Meat Sauce Summer Salad Raspberry Vinaigrette Dressing Italian Bread Sliced Apples								

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of **age or older and their spouses.**
All meals are served with milk, bread and margarine. **DONATIONS: $2.50 (or whatever you can afford)**