



SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR-FEBRUARY-2016



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
1	Chicken Vegetable Soup Oven Fried Chicken Baked Beans Wheat Dinner Roll Cherry Apple Crisp	2	Fish Florentine Confetti Rice Creamed Spinach 12-Grain Bread Fresh Orange	3	Breaded Pork Steak w/Gravy Parslied Noodles Scandinavian Blend Vegetables Wheat Bread Sliced Peaches	4	French Onion Soup Beef Liver w/Extra Sauteed Onions Mashed Potatoes Seasoned Broccoli Saltines Wheat Dinner Roll Fresh Fruit	5	Chicken Jubilee Rice Pilaf Mixed Vegetables 100% Whole Wheat Bread Mixed Fruit	
8	Salisbury Steak w/Gravy Scalloped Potatoes Prince William Blend Vegetables Oatnut Bread Pineapple Tidbits	9	Apple Juice Chicken Pot Pie w/Peas & Carrots Black Bean & Spinach Salad Raspberry Vinaigrette Dressing Fresh Orange	10	Lemon Lentil Soup w/Greens Cheesy Vegetable Lasagna Spinach Salad w/Cherry Tomatoes & Cucumbers Raspberry Vinaigrette Dressing Wheat Bread Sliced Apples	11	Roast Turkey w/Gravy Sweet Potatoes & Apples Turnips Cranberry Sauce Wheat Dinner Roll Mixed Fruit	12	CRT VALENTINE'S DAY Tuna w/Noodles Casserole Peas & Carrots 100% Whole Wheat Bread Special Dessert Fresh Fruit	
15	CLOSED IN OBSERVANCE OF PRESIDENTS' DAY		16	Minestrone Soup Grande Cheese Ravioli Spinach Salad w/Mandarin Oranges & Sliced Almonds Raspberry Vinaigrette Dressing Dinner Roll Pineapple Tidbits	17	Sliced Ham & Swiss Cheese On a Croissant Baked Sweet Potato White Bean & Artichoke Salad Peaches & Pears	18	Chicken Lo Mein Oriental Rice Lo Mein Vegetables 100% Whole Wheat Bread Fresh Orange	19	Grape Juice Italian Sausage & Red/Green Peppers w/Italian Sauce Ziti w/Tomato Basil Sauce Italian Blend Vegetables Pumpnickel Bread Vanilla Pudding w/Whipped Topping
22	Seasoned Chicken in Alfredo Sauce Over Penne Pasta Italian Green Beans Club Roll Fresh Orange	23	Orange Juice Shepard's Pie w/Hamburger Meat Mashed Potatoes Corn Wheat Dinner Roll Sliced Apples	24	Alaskan Pollock w/Seafood Sauce Orzo Pilaf Beets Rye Bread Fresh Orange	25	NATIONAL STRAWBERRY DAY Country Vegetable Soup Hot Dog Baked Beans Red/Green Cabbage Coleslaw Hot Dog Roll Mustard/Relish/Ketchup Special Dessert		26	Roast Turkey w/Gravy Corn Bread Stuffing Cranberry Sauce Winter Squash 12-Grain Bread Sliced Peaches
29	Six Bean Soup Eggplant Roll-Up w/Marinara Sauce Rotini w/Marinara Sauce Brussel Sprouts Saltines Sliced Pears									

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.

All meals are served with milk, bread and margarine. **DONATIONS: \$2.50 (or whatever you can afford)**