

East Windsor Senior Center Events and Activities

Sept 2015

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON- WHEELS (860) 292-8279 WEBSITE: www.eastwindsorct.com

MONDAY	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
	Game Day 10:00-11:30 CRT Summer Picnic 12:00 Chair Yoga \$\$\$ 12:30	Shopping-Geissler's 9:00 Cribbage 10:00 Wii Zumba w/ Melissa 12:30 WHPT Library 1:00-2:00	Blood Pressure & Blood Sugar Screening 10:00-12:30 Senior Club Meeting 1:00-3:00	Olde Mistick Village 9:00-3:00
7 Senior Center Closed Closed 	8 Tea Time 10:00-11:00 1:1 Law Sessions 12:30 Chair Yoga \$\$\$ 12:30	9 Shopping-Geissler's 9:00 Cribbage 10:00-11:30 Wii Zumba w/ Melissa 12:30	10	11 Lunch at 1877 11:15-2:30 Mobile Foodshare St. Catherine's Church 1:45 - 2:30
14 Shopping-Big Y or Walmart 9:00-11:00 Art with Tex 12:30 Wii Bowling 12:30	15 Focus Group 10:00-11:00 Food for Thought 11:00-11:30 Chair Yoga \$\$\$ 12:30	16 Shopping-Geissler's 9:00 Cribbage 10:00-11:30 Wii Zumba w/ Melissa 12:30	17 Movie: <i>Perfect Storm</i> 9:30-11:30 Senior Club Meeting 1:00-3:00	18 Roundtable with Denise & Superintendent Dr. Kane 10:30-11:30 BINGO for \$\$ 12:30-2:00
21 Shopping-Big Y or Walmart 9:00-11:00 Art with Tex 12:30 Wii Bowling 12:30	22 Guess Who? Bring in your baby pictures! Snacks & Prizes Chair Yoga \$\$\$ 12:30	23 Shopping-Geissler's 9:00 Big E CT Day 10:00-7:00 Wii Zumba w/ Melissa 12:30	24 MONTHLY SOCIAL 12:00 entertainment: <i>Nancy Tucker</i>	25 Apple Picking at Johnny Apple Seed Farm 9:45-11:45 Mobile Foodshare St. Catherine's Church 1:45 - 2:30
28 Shopping-Big Y or Walmart 9:00-11:00 Book Club 10:30 Book: TBD Art with Tex 12:30 Wii Bowling 12:30	29 Footcare 9:00-1:00 \$\$\$ Chair Yoga \$\$\$ 12:30	30 Shopping-Geissler's 9:00 Cribbage 10:00-11:30 Lunch at East Windsor High School 12:30-2:30 Wii Zumba w/ Melissa 12:30		

8/25/15 ST

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 - WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.

THE CENTER IS OPEN

MONDAY THRU FRIDAY

8:00 A.M. - 3:00 P.M.