

**EAST WINDSOR SENIOR SERVICES EVENTS & ACTIVITIES      APRIL 2016**  
**SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279**  
**NUTRITION PROGRAM MEALS - ON - WHEELS (860) 292-8279 WEBSITE WWW.EASTWINDSORCT.COM**

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>Lunch at Jim's Family Restaurant 11:15-2:00</b> 
4	5	6	7	8
<b>Shopping - Big Y or WalMart 9:00 - 10:30</b>  <b>TAX ASSISTANCE 9:00 - 12:00</b> Fitness 10:30-11:30 Art with Tex 12:30 Wii Bowling 12:30 Big Y Nutrition Tour 12:45-2:00	<b>Game Day 10:00-11:30</b>    <b>Chair Yoga 12:30</b>	<b>Shopping at Geissler's 9:00</b> Wii Bowling 12:45 Windsor at East Windsor    <b>WHPT Library 1:00-2:00</b>	<b>Blood Pressure &amp; Sugar Screening 10:00</b>  <b>Coloring 10:00-11:30</b>    <b>Senior Club Meeting 12:30-3:00</b>	<b>Laughter Workshop 12:30-1:30</b>    <b>Mobile Food Share St. Catherine's Church 1:45 - 2:30</b>
11	12	13	14	15
<b>Shopping - Big Y or WalMart 9:00-10:30</b>  <b>TAX ASSISTANCE 9:00 - 12:00</b> Fitness 10:30-11:30 Art with Tex 12:30  <b>Wii Bowling 12:30</b>	<b>Tea Time 10:00-11:30</b>  <b>1:1 Law Sessions 12:30</b>  <b>Chair Yoga 12:30</b>	<b>Shopping at Geissler's 9:00</b>  <b>Trivia with Teresa 10:00-11:00</b>    <b>Wii Zumba 12:30</b>	<b>Jewelry Making w/Janice 10:30 \$\$</b>  <b>Bingo for \$\$ 12:30-2:00</b>  	<b>Movie 12:30-2:00</b> <b>5 Flights Up</b>  
18	19	20	21	22
<b>Shopping - Big Y or WalMart 9:00 - 10:30</b> Fitness 10:30-11:30 Art with Tex 12:30  <b>Wii Bowling 12:30</b>	<b>Footcare \$\$ 9:00-1:00</b>  <b>Focus Group 10:00-11:00</b>  <b>Food for Thought 11:00-11:30</b>  <b>Chair Yoga 12:30</b>	<b>Shopping at Geissler's 9:00</b>  <b>Crafts with Melissa 10:30</b>  <b>Walking Club 12:30-2:30</b>  <b>Wii Zumba 12:30</b>	<b>Sit &amp; Stitch 10:00-11:30</b>    <b>Senior Club Meeting 12:30-3:00</b>	<b>Windsor Shopping Center (Ocean State Job Lot, Price Rite, etc.) Lunch at Popeye's 9:30-1:30</b>  <b>Mobile Food Share St. Catherine's Church 1:45-2:30</b>
25	26	27	28	29
<b>Shopping - Big Y or WalMart 9:00-10:30</b> Fitness 10:30-11:30 Book Club 10:30 a.m. <i>The Devil in the White City</i> Author: Erik Larson Art with Tex 12:30 Wii Bowling 12:30	<b>AARP Safe Driver's Course 9:00-2:00</b>    <b>Chair Yoga 12:30</b>	<b>Shopping at Geissler's 9:00</b>  <b>Wii Zumba 12:30</b>  <b>SET UP FOR MONTHLY SOCIAL</b>	<b>Birthday Social 12:00</b> Entertainment begins 12:30 Featuring: Jose Paulo  	<b>Breakfast at Sloppy Waffle Shopping at FootPrints 9:30-2:00</b>  

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 - WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.