



SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE FEBRUARY-2015



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	White Bean & Escarole Soup Meatballs w/Tomato Sauce Cheese Rigatoni Garden Salad w/Cherry Tomatoes & Cucumbers Italian Dressing Club Roll Saltines Fruit Cocktail	3	Pier-17 Fish Mashed Potatoes Broccoli Normandy 100% Whole Wheat Bread Tropical Fruit	4	Orange-Pineapple Juice Mandarin Chicken Fluffy White Rice Peas & Carrots Rye Bread Cherry Peach Crisp	5	Baked Ham w/Pineapple Maraschino Cherry Sauce Cut-Up Sweet Potatoes Spinach Wheat Dinner Roll Applesauce	6	Minestrone Soup Tony's Individual Pizza Spinach Sald w/Tomatoes & Cucumbers Raspberry Vinaigrette Dressing Saltines Fresh Fruit
9	Chicken Jubilee Egg Noodles Cut Green Beans Wheat Dinner Roll Applesauce	10	Lemon Lentil Soup Stuffed Cabbage w/Extra Tomato Sauce White & Brown Rice Prince Edward Blend Vegetables Pumpnickel Bread Lemon Pudding Tart w/Whipped Topping	11	Buttercrumb Fish Filet Rice Pilaf Beets Wheat Bread Fresh Fruit	12	CRT VALENTINE'S DAY Hearty Vegetable Soup Pot Roast w/Gravy Oven Roasted Potatoes Sliced Carrots Dinner Roll Special Dessert	13	Cran-Apple Juice Chicken Cacciatore Penne w/Marinara Sauce Broccoli Florets Italian Bread Sliced Peaches
16	CLOSED IN OBSERVANCE OF PRESIDENT'S DAY	17	Veal Patty w/Onion Gravy Parslied Noodles Capri Blend Vegetables 12-Grain Bread Fresh Fruit	18	Chili Con Carne w/Beans Over Rice Vegetable Medley 100% Whole Wheat Bread Peaches	19	Country Vegetable Soup Roast Pork Loin w/Gravy Sweet Potatoes & Apples Oriental Vegetables Oatnut Bread Homemade Cookie	20	Orange Juice Honey Glazed Chicken Quarter Cornbread Stuffing Cauliflower Blend Vegetables Rye Bread Mixed Fruit
23	Orange Juice BBQ Pork Riquebe Baked Beans Scandinavian Blend Vegetables 12-Grain Bread Fruited Gelatin w/Whipped Topping	24	Cream of Vegetable Soup Mini Cheese Burger On Bun Onion Rings (Whole Grain Batter) Mixed Vegetables Ketchup/Mustard/Relish Fresh Fruit	25	Roast Turkey w/Gravy Mashed Sweet Potatoes Brussel Sprouts Cranberry Sauce Wheat Dinner Roll Pineapple Tidbits	26	Macaroni & Cheese Stewed Tomatoes & Zucchini Spinach Salad w/Tomatoes Italian Dressing Club Roll Tropical Fruit	27	Alaskan Pollock w/Seafood Sauce Brown Rice Pilaf Broccoli Cuts 100% Whole Wheat Bread Peaches & Pears
									

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of **age or older and their spouses.**
 All meals are served with milk, bread and margarine. **DONATIONS: \$2.50 (or whatever you can afford)**