

**TOWN OF EAST WINDSOR  
PROCLAMATION  
WEAR RED FOR WOMEN DAY**

WHEREAS, diseases of the heart are the nation's leading cause of death and stroke is the third leading cause of death;

WHEREAS, more than 5,300 women in Connecticut die of cardiovascular disease each year; and,

WHEREAS, cardiovascular diseases (CVD) are the leading cause of death among women; and,

WHEREAS, Cardiovascular disease and stroke kill nearly 460,000 women in the US every year; more than the next 5 causes of death combined, including all cancers and,

WHEREAS, of every 5 people who die from stroke, about 2 are men and 3 are women and,

WHEREAS, one in 2.6 deaths in women are from cardiovascular disease (CVD); and,

WHEREAS, about 60,000 more women than men have a stroke each year; and,

WHEREAS, the American Heart Association is continuing their Go Red For Women movement to encourage women to pay attention to their hearts and help them live longer, stronger lives by reducing their risk for cardiovascular disease;

NOW, THEREFORE, I Denise Menard, First Selectman, in recognition of the importance of the ongoing fight against heart disease and stroke, do hereby proclaim February 6, 2009, to be

**"Wear Red Day for Women"**

in the Town of East Windsor and urge all citizens to wear red in recognition of family, friends and neighbors who have suffered from heart disease, and as a show of support to fight it. By increasing awareness of the risk factors for this devastating disease and taking actions to reduce them, we can save thousand of lives each year.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the Town of East Windsor this 20<sup>th</sup> day of February 2009.

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Denise Menard, First Selectman