



SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE MAY, 2010



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Cran-Orange Juice Open Faced Hot Turkey Sandwich, Turkey Cutlet w/ Gravy Mashed Potatoes , Yellow Squash w/ Green Beans, Whole Wheat Bread , Rocky Road Pudding w/ Topping	4	Vegetarian Beef Soup Tuna Salad on a Kaiser Roll Potato Wedges Cucumber & Tomato Salad Crackers Fresh Fruit	5	Apple Juice Spaghetti & Meatballs w/ Italian Sauce Parmesan Cheese Zucchini French Stick Purple Plums	6	Chilled Orange-Pineapple Juice , Coq Au Vin Baked Potato w/ Sour Cream & Chives , Broccoli Florets Wheat Dinner Roll Strawberry Shortcake w/ Whipped Topping	7	Pineapple Juice Sirloin Tips w/ Peppers and Onions Over Bowtie Noodles Sicilian Blend Vegetables Pumpnickel Bread Sliced Pears
10	HAPPY MOTHER'S DAY! Cranberry Orange Juice Roast Pork w/ Broth Baked Potato w/ Sour Cream , Sliced Carrots 12 Grain Bread Sliced Peaches Over Pound Cake w/ Topping	11	Grape Juice Eggplant Rollatini w/ Spanish Sauce Ziti w/ Italian Sauce Tossed Salad w/ Italian Dressing Italian Green Beans Club Roll Apricots	12	Oven Fried Chicken Parslied Whole Potatoes Spinach Salad w/ Mandarin Oranges, Almonds & Raspberry Vinaigrette Dressing Biscuit Tropical Fruit	13	Garden Tomato Soup Baked Salmon w/ Dill Sauce White & Brown Rice Blend Beets 12- Grain Bread Saltines Fresh Fruit	14	Apple Juice Mini Cheese Burger on Bun (w/ ketchup, mustard, chopped onions, relish) Potato Puffs Vegetable Medley Mini Hamburger Buns Lorna Doone Cookies
17	Orange Juice Chicken Tuscany Parslied Ziti , Capri Blend Vegetables , Italian Bread Tapioca Pudding w/ Topping	18	Apricot Glazed Pork Loin Baked Sweet Potato California Blend Vegetables Oatnut Bread Applesauce	19	Fish Florentine White & Brown Rice Pilaf Coleslaw Tartar Sauce Dinner Roll Fruit Cocktail	20	Chicken Vegetable Soup Meatballs w/ Italian Sauce On a Grinder Roll Tossed Salad w/ Ranch Dressing, Parmesan Cheese Potato Wedges , Apricots	21	Cranberry Juice Roast Turkey w/ Gravy Mashed Potatoes Peas and Carrots Cranberry Jelly , 100% Whole Wheat, Ambrosia
24	Salisbury Steak w/ Vegetable Gravy Bowtie Noodles Broccoli Florets Pumpnickel Bread Fruit Cocktail	25	Mariner Soup Salmon Boat w/ Seafood Sauce, Red Baked Potato Green and Wax Beans Wheat Dinner Roll Oyster Crackers Fresh Fruit	26	Chicken Cacciatore Ziti w/ Italian Sauce Cucumber and Tomato Salad Club Roll Sliced Peaches and Pears	27	Orange Juice Hot Dog, Baked Beans Coleslaw Mustard, Ketchup, Relish Hot Dog Roll Watermelon	28	Beef Vegetable Barley Soup , Roast Beef w/ Mushroom Gravy Mashed Potatoes Whole Baby Carrots Wheat Bread , Saltines Tropical Fruit
31	CLOSED FOR MEMORIAL DAY HOLIDAY								

Elderly Nutrition Program meals are served Monday thru Friday to persons and their spouses' 60 years of age or older.
All meals are served with bread, coffee and/or tea and milk. DONATIONS: \$2.00 (or what ever you can afford).

TO CALL IN FOR RESERVATIONS, YOU MAY CALL JANET DIRECTLY AT 860-292-8279
BETWEEN THE HOURS OF 8:30AM – 11:45AM. PLEASE BE SURE TO CALL AT LEAST 24 HOURS IN ADVANCE.
PLEASE INDICATE IF YOU REQUIRER TRANSPORTATION WHEN YOU SIGN UP FOR LUNCH.