



# SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE November , 2010

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Stuffed Peppers w. Meat Sauce Parslied Bowties Green Beans and Yellow Squash Whole Wheat Bread Fruited Jell-O w Topping	2	Orzo Vegetable Soup Chicken ala Orange Baked Beans Hawaiian Coleslaw Wheat Bread Pineapple Tidbits and Mandarin Oranges	3	Sliced Roast Beef w Gravy Whipped Potatoes Peas and Pearl Onions Wheat Dinner Roll Apricots	4	Sweet and Sour Pork Brown and White Rice Oriental Vegetables Oatnut Bread Fresh Fruit / Fortune Cookie	5	Six Bean Soup Sole Florentine Tartar Sauce Fiesta Rice Mixed Vegetables Wheat Bread Tropical Fruit
8	Boneless Chicken Piccata Brown Rice Diced Carrots and Peas Whole Wheat Bread Sliced Pears	9	American Chop Suey Zucchini, Spinach Salad w. Tomatoes & Raspberry Vinaigrette, Dinner Roll Banana Pudding w Mini Chips And Marshmallows.	10	Tomato Rice Soup Catch of the Day Tartar Sauce, Oven Fried Potatoes, Coleslaw, Saltines Pineapple Tidbits and Mandarin Oranges	11	Closed Veteran's Day	12	Beef Stroganoff Over Egg Noodles Broccoli Normandy 12- Grain Bread Apricots
15	Breaded Pork Steak Apple Butter Baked Beans Capri Vegetables Whole Grain Bread Applesauce	16	Cranberry Juice Sesame Chicken Parslied Boiled Potatoes Peas and Corn Blend Whole Wheat Bread Double Chocolate Cake	17	Minestrone Soup Stuffed Shells w/Marinara Sauce and Parmesan Cheese Italian Green Beans Club Roll Sliced Peaches	18	<b>**SPECIAL THANKSGIVING DINNER SOCIAL**</b> Orange Pineapple Juice Roast Turkey w/Gravy Sweet Potatoes Cranberry Sauce Herb Stuffing, Peas and Pearl Onions, Dinner Roll	19	Beef Vegetable Soup Grilled Vegetable Lasagna Tomato, Cucumber & Onion Salad w/Dressing Italian Bread Tropical Fruit
22	Herb Baked Chicken Rice Pilaf Scandinavian Blend Vegetables Wheat Dinner Roll Peaches	23	Orange& Cumin Rubbed Pork Sweet Potatoes and Apples Sliced Beets Whole Wheat Bread Fresh Fruit	24	Colonial Corn Chowder Catch of the Day Tarter Tots Coleslaw Rye Bread, Saltines Fruit Festival	25	Thanksgiving Day Closed	26	Thanksgiving Day Closed
29	Orange Juice Eggplant Rolette w/Tomato Sauce Penne W/Marinara Sauce Italian Blend Vegetables Club Roll Sliced Peaches	30	Vegetarian Beef Soup Sliced Meatloaf w/Broth Garlic Smashed Red Bliss Potatoes Glazed Baby Carrots Wheat Bread Peach Cherry Crumble				<b>** THURSDAY, NOV. 18<sup>TH</sup> IS THE CENTER'S ANNUAL THANKSGIVING DINNER SOCIAL. DOORS OPEN AT 10:30. APPITIZERS WILL BE SERVED FROM 11:00 – 11:45 DINNER WILL BE SERVED AT NOON.</b>	<b>THIS ALL INCLUSIVE DAY IS FOR A SUGGESTED DONATION OF \$2.00. FOR RESERVATIONS TO OUR DINNER SOCIAL, PLEASE CALL JANET BY NOV. 12<sup>TH</sup></b>	

**Elderly Nutrition Program meals are served Monday thru Friday to persons and their spouses' 60 years of age or older. All meals are served with bread, coffee and/or tea and milk. DONATIONS: \$2.00 (or what ever you can afford).**

**TO CALL IN FOR RESERVATIONS, YOU MAY CALL JANET DIRECTLY AT 860-292-8279 BETWEEN THE HOURS OF 8:30AM – 11:45AM. PLEASE BE SURE TO CALL AT LEAST 24 HOURS IN ADVANCE. PLEASE INDICATE IF YOU REQUIRER TRANSPORTATION WHEN YOU SIGN UP FOR LUNCH.**