

EAST WINDSOR SENIOR SERVICES EVENTS & ACTIVITIES

MARCH 2012

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>Foot Care Services 9:00 - 1:00 Free Blood Pressure and Sugar Screening 10:00 a.m. Tai Chi for 10:30 - 11:30</p> <p>SENIOR CLUB MEETING 1:00-3:00</p>	<p>Northwest Park Sugarhouse Presentation 9:00 - 11:15</p> <p>North Central Health District Nutrition Classes 12:30 - 2:30</p>
<p>5</p> <p>Walmart/Big Y Plaza 9:00 - 11:00 Tax Preparation 9:00 - 12:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Fitness with Melissa 12:30 - 1:30</p>	<p>6</p> <p>Coffee & Sharing with Sr. Center Team 10:00-10:30 FOCUS GROUP 10:30-11:30 Chair Yoga 1:00</p>	<p>7</p> <p>Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Warehouse Point Library 1:00 - 2:00 Wii Bowling 12:30 - 2:00</p>	<p>8</p> <p>Foot Care Services 9:00 - 1:00 Tai Chi 10:30 - 11:30 Hibachi Grill/Supreme Buffet 11:00 - 1:00</p>	<p>9</p> <p>Eastern Connecticut Concerts 11:00 - 2:00 North Central Health District Nutrition Classes 12:30 - 2:30 Turn clocks ahead on Sunday Daylight Savings Weekend</p>
<p>12</p> <p>Walmart/Big Y Plaza 9:00 - 11:00 Tax Preparation 9:00 - 12:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Fitness with Melissa 12:30 - 1:30 Girl Scout Anniversary - 100 years!</p>	<p>13</p> <p>Food for Thought with Janet Vining 11:00 - 11:30 One-on-One Law Sessions 12:30 Chair Yoga 1:00</p>	<p>14</p> <p>Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:45 - 12:00 MONTHLY BUSINESS PRESENTATION GEISSLER'S 12:30 - 1:30</p>	<p>15</p> <p>Tai Chi 10:30 - 11:30 IN-HOUSE MOVIE Ides of March 12:30 - 2:00 SENIOR CLUB MEETING 1:00 - 3:00</p>	<p>16</p> <p>Christmas Tree Shops 9:30 - 11:30 North Central Health District Nutrition Classes 12:30 - 2:30</p>
<p>19</p> <p>Walmart/Big Y Plaza 9:00 - 11:00 Tax Preparation 9:00 - 12:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Fitness with Melissa 12:30 - 1:30</p>	<p>20</p> <p>Coffee & Sharing with Sr. Center Team 10:00 - 10:30 MELISSA'S CRAFT HOUR 10:30 - 11:30 Decorating Cookies for Troops 11:30 - 12:00  Chair Yoga 1:00 FIRST DAY OF SPRING!!!</p>	<p>21</p> <p>Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:45 - 12:00 Tai Chi 12:30 - 1:30 Wii Bowling 12:30 - 2:00 SET UP FOR MONTHLY SOCIAL</p>	<p>22</p> <p>MONTHLY SOCIAL 12:00 LIVE ENTERTAINMENT Celtic Dancers </p>	<p>23</p> <p>Genealogy Presentation by Germaine Hoffman 10:00 - 11:00 North Central Health District Nutrition Classes 12:30 - 2:30</p>
<p>26</p> <p>Walmart/Big Y Plaza 9:00 - 11:00 Tax Preparation 9:00 - 12:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:30 - 12:00 Knit, Tat & Chat 12:30 Wii Fitness with Melissa</p>	<p>27</p> <p>Museum on the Green "100 years of Girl Scouting Exhibit" & Lunch at Spicy Green Bean Deli 9:30 - 1:30 Chair Yoga 1:00</p>	<p>28</p> <p>Shopping at Geissler's 9:00 ACTIVE CLASS 10:30 - 11:15 Cribbage & Card Games 10:45 - 12:00 Wii Bowling 12:30 - 2:00</p>	<p>29</p> <p>Tai Chi 10:30 - 11:30 BINGO 12:30 - 2:00</p>	<p>30</p> <p>Enfield Square Shopping 9:00 - 12:00 North Central Health District Nutrition Classes 12:30 - 2:30</p>