



# SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE JANUARY-2014



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
				1	<b>CLOSED IN OBSERVANCE OF NEW YEAR'S</b>  <b>HAPPY NEW YEAR!</b>		2	Roast Pork Loin w/Vegetable Gravy White & Wild Rice Beets 12-Grain Bread Applesauce	3	Buttercrumb Fish Filet on Multi-Grain Bun Tater Tots Carrot Raisin Salad Tartar Sauce Pineapple Tidbits
6	Honey-Glazed Chicken Quarter Sweet Potatoes & Apples Collard Greens Whole Wheat Bread Sliced Peaches & Pears	7	Mediterranean Minestrone Soup Italian Sausage w/Italian Sauce Rotini w/Tomato & Basil Sauce Cut Green Beans Italian Bread Fruit Cocktail	8	Chicken Vegetable Soup Salisbury Steak w/Italian Sauce Parslied Bowties Mixed Vegetables Italian Bread Tropical Fruit	9	Macaroni & Cheese Stewed Tomatoes & Zucchini Mixed Green w/Tomatoes & Cucumbers Raspberry Vinaigrette Dressing Club Roll Fresh Fruit	10	Orange Juice Barbequed Chicken Leg Oven Roasted Potatoes Corn Cobbette Wheat Dinner Roll Chocolate Pudding w/Marshallmallows & Whipped Topping-1/2 c.	
13	Beef Vegetable Soup Mini Cheese Burger on a Bun Potato Wedges Carrot Raisin Salad Ketchup, Mustard, Relish Pears	14	<b>NATIONAL STRAWBERRY ICE CREAM DAY!</b>  Cran-Orange Juice Roast Turkey w/Gravy Cut-Up Sweet Potatoes Turnips Cranberry Sauce Whole Wheat Bread Strawberry Ice Cream	15	Russian Cabbage Soup Kielbasa Pierogies w/Onion Butter Sauce Sauerkraut Club Roll Fresh Fruit	16	Beef Liver w/Sauteed Onions Garlic Smashed Potatoes Mixed Vegetables Pumpnickel Bread Sliced Peaches	17	Corn Chowder Buttercrumb Fish Filet Rice Pilaf Red, Green Cabbage Coleslaw w/Shredded Carrots Tartar Sauce Rye Bread Fruit Cocktail	
20	<b>CLOSED IN OBSERVANCE OF MARTIN LUTHER KING HOLIDAY!</b>	21	Chicken Cutlet Parmesan Rotini w/Tomato & Basil Sauce Italian Green Beans Italian Bread Sliced Apples	22	Hearty Vegetable Soup Philly Cheese Steak On a Roll Marinated Bean Salad Crackers Pound Cake w/Peaches & Whipped Topping	23	Veal Piccata Oven Roasted Potatoes Spinach 12-Grain Bread Fresh Fruit	24	Chicken Noodle Soup Turkey A La King Parslied Noodles Whole Baby Carrots Homemade Buttermilk Biscuit Pineapple Tidbits	
27	<b>NATIONAL CHOCOLATE CAKE DAY!</b>  Orange Juice Swedish Meatballs w/Gravy Over Noodles Cut Green Beans 12-Grain Bread Frosted Chocolate Cake	28	Mariners Chowder Pier-17 Fish Fiesta Rice Beets Rye Bread Fruit Cocktail	29	Macaroni & Cheesse Stewed Tomatoes & Zucchini Salad Greens w/Cucumbers & Cherry Tomatoes Raspberry Vinaigrette Dressing Pumpnickel Bread Sliced Peaches & Pears	30	Vegetable Beef Soup Roast Beef w/Vegetable Gravy Baked Potato Vegetable Medley Whole Wheat Bread Fresh Fruit	31	<i>Oven Fried Chicken</i> <i>Baked Beans</i> <i>Corn Cobbette</i> <i>Wheat Dinner Roll</i> <i>Tropical Fruit</i>	

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of **age or older and their spouses.**

All meals are served with milk, bread and margarine. **DONATIONS: \$2.50 (or whatever you can afford)**