



SENIOR COMMUNITY CAFÉ CONGREGATE CALENDAR-MAY-2016



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Vegetable Soup Cheesy Vegetable Lasagna Garden Salad w/Tomatoes & Cucumbers Raspberry Vinaigrette Dressing Italian Bread Apples Slices	3	Apple Juice Pork Ribeye Scalloped Potatoes Scandinavian Blend Vegetables Wheat Bread Peaches & Pears	4	Spring Vegetable Soup Chef Salad w/Mixed Greens (Shredded Cheese/Turkey Ham) Cooked Egg Ranch Dressing Cheese Filled Bread Stick Fresh Orange	5	CRT HAPPY MOTHER'S DAY MEAL Orange-Pineapple Juice Pot Roast w/Gravy Oven Roasted Potatoes Seasoned Asparagus Dinner Roll Special Dessert	6	NO CRT LUNCH
9	Italian Meatballs Seashell Pasta w/Marinara Sauce Spinach Salad w/Mandarin Oranges & Sliced Almond Raspberry Vinaigrette Dressing Club Roll Fresh Fruit	10	Corn Chowder Breaded Fish Sq. (Sandwich) On Hamburger Bun Sweet Potato Fries Tartar Sauce Red/Green Cabbage Coleslaw w/Shredded Carrots Fresh Fruit	11	Roast Turkey w/Gravy Cut-Up Sweet Potatoes Spinach Cranberry Sauce 100% Whole Wheat Bread Pineapple Tidbits	12	Orange Juice Shepard's Pie w/Hamburger Meat Mashed Potatoes Corn Wheat Dinner Roll Lemon Pudding Tart w/Whipped Topping	13	Grape Juice Tony's Individual Pizza Garden Salad w/Tomatoes/Cucumbers/Onions Ranch Dressing Saltines Fresh Orange
16	Cream of Asparagus Soup Lemon Baked Chicken Cran Raisin Stuffing Brussel Sprouts Wheat Dinner Roll Strawberry Oatmeal Bar	17	Country Fried Steak w/Gravy Mashed Potatoes Creamed Spinach Homemade Biscuit Fresh Orange	18	Hearty Vegetable Soup Baked Ham w/Pineapple Sauce Baked Beans Broccoli Normandy Rye Bread Apple Slices	19	American Chop Suey Tossed Salad w/Tomatoes/Cucumbers/Onions Ranch Dressing Dinner Roll Fresh Fruit	20	Orange -Pineapple Juice Garden Salad Greens Cherry Tomatoes /Cucumbers/Onions w/Grilled Chicken Strips Cheddar Cheese Italian Dressing 100% Whole Wheat Bread Fresh Fruit
23	Stuffed Cabbage w/Marinara Sauce Mashed Potatoes Beets 12-Grain Bread Fresh Orange	24	Tomato Basil Vegetable Soup Chicken Caesar Salad w/Spring Greens and Chicken Shredded Parmesan Cheese Cucumbers/Cherry Tomatoes Wheat Dinner Roll Croutons Fresh Fruit	25	Orange-Pineapple Juice Roast Pork Loin w/Vegetable Broth Oriental Rice Prince Edward Blend Vegetables 12-Grain Bread Apple Slices	26	Macaroni & Cheese Stewed Tomatoes & Zucchini Spinach Salad w/Cucumbers/Cherry Tomatoes Italian Dressing 100% Whole Wheat Bread Fresh Fruit	27	CRT MEMORIAL DAY MEAL Orange Juice Hot Dog Baked Beans Sauerkraut Hot Dog Roll Mustard/Relish/Ketchup Special Dessert
30	CLOSED IN OBSERVANCE OF MEMORIAL DAY HOLIDAY	31	Tuna w/Bowtie Noodle Casserole Peas & Carrots Oatnut Bread Fresh Fruit	 shutterstock · 326195732					

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses.

All meals are served with milk, bread and margarine. **DONATIONS: \$2.50 (or whatever you can afford)**