

# East Windsor Senior Center Events and Activities

June 2014

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261

NUTRITION PROGRAM MEALS - ON- WHEELS (860) 292-8279 WEBSITE: [www.eastwindsorct.com](http://www.eastwindsorct.com)

<p>2</p> <p>Shopping - Walmart/Big Y 9:00 - 11:00</p> <p>Art Class 12:30</p> <p>Wii Bowling 12:30</p>	<p>3</p> <p>In-House Movie - 10:00 - 11:30 "Gravity"</p> <p>Chair Yoga 12:30 p.m.</p>	<p>4</p> <p>Shopping at Geisslers 9:00</p> <p>WHPT Library 1:00 - 2:00</p> <p>Wii Zumba with Melissa 12:30</p>	<p>5</p> <p>The Plant Connection "African Violets" 10:00 - 11:30</p> <p>Free Blood Pressure and Sugar Screening 10:00</p> <p>Senior Club Meeting 1:00 - 3:00 <b>DEADLINE FOR ROCK CATS PAYMENT</b></p>	<p>6</p> <p><b>No Foot Care today!</b></p> <p>Sonny's Place 9:30 - 1:30</p> <p>Mobile Food Share St. Catherine's Church 1:45 - 2:30</p>
<p>9</p> <p>Shopping - Walmart/Big Y 9:00 - 11:00</p> <p>Art Class 12:30</p> <p>Wii Bowling 12:30</p>	<p>10</p> <p>Focus Group 10:00 - 11:00</p> <p>Food for Thought 11:00 - 11:30</p> <p>One - on - One Law Sessions 12:30</p> <p>Chair Yoga 12:30</p>	<p>11</p> <p>Shopping at Geisslers 9:00</p> <p>In-house Bingo 12:30 - 2:00</p> <p>Wii Zumba with Melissa 12:30</p>	<p>12</p> <p>Summer BBQ &amp; Wellness Day at Chestnut Point 10:00 a.m. - 1:45p.m.</p> <p>Tai Chi 10:15</p>	<p>13</p> <p>In-House Movie for Father's Day "Extremely Loud and Incredibly Close" 9:30 - 11:45</p> <p>Jewelry Making with Janice 10:30</p> <p>Strawberry Shortcake 12:30 p.m.</p>
<p>16</p> <p>Shopping - Walmart/Big Y 9:00 - 11:00</p> <p>Art Class 12:30</p> <p>Wii Bowling 12:30</p>	<p>17</p> <p>Foot Care 9:00 - 1:00</p> <p>Chair Yoga 12:30</p>	<p>18</p> <p>Shopping at Geisslers 9:00</p> <p>State Representative Chris Davis 12:30 - 2:00</p> <p>Wii Zumba with Melissa 12:30</p>	<p>19</p> <p>Tai Chi 10:15</p> <p>In- House presentation "How to Find a Good Doctor" 12:30 - 1:30</p>	<p>20</p> <p>Mobile Food Share St. Catherine's Church 1:45 - 2:30</p>
<p>23</p> <p>Shopping - Walmart/Big Y 9:00 - 11:00</p> <p>Art Class 12:30</p> <p>Wii Bowling 12:30</p>	<p>24</p>  <p>Chair Yoga 12:30</p>	<p>25</p> <p>Shopping at Geisslers 9:00</p> <p>Rock Cats Baseball Game 10:30 - 3:00</p> <p>Wii Zumba with Melissa 12:30</p> <p>Social Set-Up</p>	<p>26</p> <p>Monthly social Live Entertainment By "The Bob Mel Show" 12:00</p>	<p>27</p> <p>Jewelry Making with Janice 10:30</p>
<p>30</p> <p>Shopping - Walmart/Big Y 9:00 - 11:00</p> <p>The Book Club 10:30 "Water for Elephants"</p> <p>Art Class 12:30 Wii Bowling 12:30</p>		<p>Dates to remember:</p> <p><b>Flag Day 6-14</b></p> <p><b>Senior Club Picnic 6-14</b></p> <p><b>Father's Day 6-15</b></p>		

THE CENTER IS OPEN

MONDAY THRU FRIDAY

8:00 A.M. - 3:00 P.M.