

East Windsor Senior Center

Events and Activities

June/2015

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON- WHEELS (860) 292-8279 WEBSITE: www.eastwindsorct.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Shopping - Walmart/Big Y 9:00 - 11:00 Art With Tex 12:30 Wii Bowling 12:30	2 Game Day 10:00 - 11:30 Chair Yoga \$\$\$ 12:30	3 Shopping at Geisslers 9:00 Wii Zumba 12:30 WHPT Library 1:00 - 2:00	4 Free Blood Pressure and Sugar Screening 10:00 Senior Club Meeting 1:00-3:00	5 Jewelry making w/Janice \$\$\$ 10:30 Silver Lanes Bowling 11:45-3:00 FREE!!! Mobile Food Share St. Catherine's Church 1:45 - 2:30
8 Shopping - Walmart/Big Y 9:00 - 11:00 Art With Tex 12:30 Wii Bowling 12:30	9 Tea Time 10:00 - 11:00 1:1 Law Sessions 12:30 Chair Yoga \$\$\$ 12:30 Staff Meeting 2:00	10 Shopping at Geisslers 9:00 Emergency Preparedness Senior BINGO w/ Prizes! 12:30-1:30 Wii Zumba 12:30	11 Coffee with Denise Menard 10:00-11:00 Bingo for \$\$ 12:30 - 2:00	12 Garden Tour Elizabeth Park Lunch at A.C. Petersen Farm 10:00-2:30
15 Shopping - Walmart/Big Y 9:00 - 11:00 Art With Tex 12:30 Wii Bowling 12:30	16 Foot Care 9:00 - 1:00 Focus Group 10:00 - 11:00 Food for Thought 11:00 - 11:30 Chair Yoga \$\$\$ 12:30	17 Shopping at Geisslers 9:00 Lobster Fest \$\$\$ 10:45 - 4:00 Wii Zumba 12:30	18 Dairy Delight 12:30-1:30 Senior Club Meeting 1:00-3:00	19 In-House Movie 9:30-11:30 <i>Time Traveler's Wife</i> Jewelry making w/Janice 10:30 Wii Bowling 12:30-3:30 at Suffield Mobile Food Share St. Catherine's Church 1:45 - 2:30
22 Shopping - Walmart/Big Y 9:00 - 11:00 Art With Tex 12:30 Wii Bowling 12:30	23 Chair Yoga \$\$\$ 12:30	24 Shopping at Geisslers 9:00 Wii Zumba 12:30 Monthly Social Set-up	25 Monthly social Live Entertainment by Frank Pendola 12:00	26 Enfield Square Mall 9:30-1:30
29 Shopping - Walmart/Big Y 9:00 - 11:00 The Book Club 10:30 <i>Tender is the Night</i> by F. Scott Fitzgerald Art With Tex 12:30 Wii Bowling 12:30	30 Men's Group 10:30 - 11:30 Chair Yoga \$\$\$ 12:30			

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 -WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.

THE CENTER IS OPEN

MONDAY THRU FRIDAY

8:00 A.M. - 3:00 P.M.