



SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE MARCH , 2010



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Deviled Chicken Legs Whipped Potato Caribbean Blend Vegetables Wheat Dinner Roll Fruited Jello w/ Topping	2	NATIONAL BANANA CREAM PIE DAY! Chicken Vegetable Orzo Soup Orange & Cumin Rubbed Baked Pork Lon w/ Broth White & Brown Rice Blend Broccoli Spears , 12 Grain Bread/ Saltines , Banana Cream Pie	3	Salisbury Steak Italiano Rotini w/ Tomato & Basil Sauce Sicilian Vegetables 100% Whole Wheat Bread Fresh fruit	4	Turkey Stew Boiled Whole Potatoes Spinach Salad w/ Mandarin Oranges w/ Raspberry Vinaigrette Homemade Biscuit Tropical Fruit	5	Farmer Brown Soup Catch of the Day Tartar Sauce Tater Tots Stewed Tomatoes Rye Bread/ Saltines
8	Salisbury Steak w/ Vegetable Gravy Whipped Potato Cut Green Beans 100% Whole Wheat Bread Saltines Fresh Fruit	9	Mandarin Chicken Fluffy White Rice Broccoli Florets Rye Bread Diced Peaches and Pears	10	Split Pea Soup Baked Ham w/ Raisin Sauce Baked Sweet Potato Spinach Dinner Roll/Saltines Apricots	11	Orange Juice Liver w/ Onion Gravy Whipped Potato Mixed Vegetables Wheat Bread Double Chocolate Cake	12	Clam Chowder Pier 17 Fish w/ Tartar Sauce Potato Wedges Coleslaw 12 Grain Bread / Oyster Crackers Tropical Fruit
15	Lemon Baked Chicken Mashed Potatoes w/ Chives Whole Baby Carrots Wheat Dinner Roll Apple Sauce	16	Cranberry Juice Old Fashioned Beef Stew Boiled Whole Potatoes Tossed Salad w/ Raspberry Vinaigrette Dressing Homemade Biscuit Tapioca Pudding w/ Topping	17	HAPPY ST. PATRICKS DAY! Cran-Orange Juice Corned Beef Parslied Boiled Potatoes Cabbage & Carrots Rye Bread Special Dessert	18	Six Bean Soup Chicken Cutlet Lettuce & Tomato Cucumber Salad , Mayonnaise Multi Grain Roll / Saltines Fruit Cocktail	19	Orange Juice Macaroni & Cheese Zucchini & Tomatoes 100% Whole Wheat Bread Fresh Fruit
22	Salmon Boat w/ Newburg Sauce, Rice Pilaf Italian Green Beans Wheat Bread Apricots	23	Cranberry Juice Meatloaf w/ Onion Gravy Mashed Potatoes w/ Chives Peas & Diced Carrots Rye Bread , Cherry Apple Crisp	24	Lentil Soup, Breaded Pork Steak , Oriental Rice Normandy Vegetables 100% Whole Wheat Bread / Saltines , Sliced Pears	25	Roast Turkey w/ Gravy Herbed Stuffing Cut-Up Winter Squash Cranberry Sauce 12 Grain Bread , Purple Plums	26	Minestrone Soup Manicotti w/ Italian Sauce Tossed Salad w/ Italian Dressing, Italian Bread / Saltines , Fresh fruit
29	Stuffed Cabbage w/ Tomato Sauce , Parslied Bowties Green Beans & Yellow Squash Rye Bread Sliced Pineapples	30	Corn Chowder , Catch of the Day Tartar Sauce, Wild Rice California Vegetables Oatnut Bread / Saltines Fresh Fruit	31	Orange Pineapple Juice Savory Baked Chicken Lyonnaise Potatoes Collard Greens , Dinner Roll Ice Cream				

Elderly Nutrition Program meals are served Monday thru Friday to persons and their spouses' 60 years of age or older.
All meals are served with bread, coffee and/or tea and milk. DONATIONS: \$2.00 (or what ever you can afford).

TO CALL IN FOR RESERVATIONS, YOU MAY CALL JANET DIRECTLY AT 860-292-8279
BETWEEN THE HOURS OF 8:30AM – 11:45AM. PLEASE BE SURE TO CALL AT LEAST 24 HOURS IN ADVANCE.
PLEASE INDICATE IF YOU REQUIRER TRANSPORTATION WHEN YOU SIGN UP FOR LUNCH.

