

East Windsor Senior Center Events & Activities Calendar **MAY 2014**

SENIOR CENTER HOURS - MONDAY THROUGH FRIDAY 8:00 a.m. to 3:00 p.m.

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON - WHEELS 292-8279 WEBSITE WWW.EASTWINDSORCT.COM

	<p style="text-align: center;">May is Older Americans Month Never too Old to Play</p> 		<p style="text-align: center;">1</p> <p style="text-align: center;">Free Blood Pressure and Sugar Screening 10:00 a.m.</p> <p style="text-align: center;">Tai Chi 10:30</p> <p style="text-align: center;">SENIOR CLUB MEETING 1:00 - 3:00</p>	<p style="text-align: center;">2</p> <p style="text-align: center;">No Footcare Scheduled Today!</p> <p style="text-align: center;">Jewelry Making Workshop 10:30</p> <p style="text-align: center;"><i>Betsy's Retirement Party</i> 6 PM at The Nutmeg</p>
<p style="text-align: center;">5 CINCO deMAYO</p> <p style="text-align: center;">Shopping - Big Y or WalMart 9:00 - 11:00</p> <p style="text-align: center;">Knit, Tat & Chat 12:30 Wii Bowling 12:30 - 1:30 Art Classes 12:30</p>	<p style="text-align: center;">6</p> <p style="text-align: center;">One-on-One Law Sessions 12:30</p> <p style="text-align: center;">Chair Yoga 12:30</p> <p style="text-align: center;">Punch & Cookies to Celebrate Mother's Day 12:30 - 2:00</p>	<p style="text-align: center;">7</p> <p style="text-align: center;">Aqua Turf Yale Whiffenpoofs and Connecticut's Sweet Adeline's 10:00 - 4:00</p> <p style="text-align: center;">Wii Zumba with Melissa 12:30</p>	<p style="text-align: center;">8</p> <p style="text-align: center;">Shopping at Geissler's 9:00</p> <p style="text-align: center;">Tai Chi 10:30</p> <p style="text-align: center;">Ice Cream Social in Memory of Brian Carpenter 12:30 - 2:00</p>	<p style="text-align: center;">9</p> <p style="text-align: center;">Ringling Brothers Circus 9:30 to 1:30</p> <p style="text-align: center;">Mobile Food Share St. Catherine's Church 1:45 - 2:30</p> <p style="text-align: center;"><i>Mother's Day is Sunday</i></p>
<p style="text-align: center;">12</p> <p style="text-align: center;">Shopping - Big Y or WalMart 9:00 - 11:00</p> <p style="text-align: center;">Knit, Tat & Chat 12:30 Wii Bowling 12:30 - 1:30 Art Classes 12:30</p>	<p style="text-align: center;">13</p> <p style="text-align: center;">Focus Group 10:00 - 11:00</p> <p style="text-align: center;">Food for Thought 11:00 - 11:30</p> <p style="text-align: center;">WHPT Library Art Show Exhibit 12:30 - 2:00</p> <p style="text-align: center;">Chair Yoga 12:30</p>	<p style="text-align: center;">14</p> <p style="text-align: center;">Shopping at Geissler's 9:00</p> <p style="text-align: center;">In-house Bingo 12:30 - 2:00</p> <p style="text-align: center;">Wii Zumba 12:30 Independent Class Melissa will be at Disney!</p>	<p style="text-align: center;">15</p> <p style="text-align: center;">Better CT Audience 8:45 - 11:45</p> <p style="text-align: center;">Tai Chi 10:30</p> <p style="text-align: center;">SENIOR CLUB MEETING 1:00 - 3:00</p>	<p style="text-align: center;">16</p> <p style="text-align: center;">East Windsor/Big Y Community Volunteer Event at the Senior Center 10:00 - 12:00</p> <p style="text-align: center;">Jewelry Making Workshop 10:30</p>
<p style="text-align: center;">19</p> <p style="text-align: center;">Shopping - Big Y or WalMart 9:00 - 11:00</p> <p style="text-align: center;">The Book Club 10:30 "To Kill A Mockingbird" Knit, Tat & Chat 12:30 Wii Bowling 12:30 - 1:30 Art Classes 12:30</p>	<p style="text-align: center;">20</p> <p style="text-align: center;">Foot Care Services 9:00 - 1:00</p> <p style="text-align: center;">Stroke Prevention Education Program 9:30 - 11:30</p> <p style="text-align: center;">Chair Yoga 12:30</p>	<p style="text-align: center;">21</p> <p style="text-align: center;">Shopping at Geissler's 9:00</p> <p style="text-align: center;">Wii Zumba with Melissa 12:30 - 1:30</p> <p style="text-align: center;">SET UP FOR MONTHLY SOCIAL</p>	<p style="text-align: center;">22</p> <p style="text-align: center;">MONTHLY SOCIAL 12:00 LIVE ENTERTAINMENT BY <i>East Chicago Joe</i></p> 	<p style="text-align: center;">23</p> <p style="text-align: center;">Genealogy 12:30 - 1:30</p> <p style="text-align: center;">Mobile Food Share St. Catherine's Church 1:45 - 2:30</p>
<p style="text-align: center;">26</p> <p style="text-align: center;">SENIOR CENTER CLOSED MEMORIAL DAY</p> 	<p style="text-align: center;">27</p> <p style="text-align: center;">Arthritis Management at Touchpoints 10:30 - 1:30</p> <p style="text-align: center;">Chair Yoga 12:30</p>	<p style="text-align: center;">28</p> <p style="text-align: center;">Shopping at Geissler's 9:00</p> <p style="text-align: center;">Breakfast: Cracker Barrel 9:30 - 11:30</p> <p style="text-align: center;">Wii Zumba with Melissa 12:30 - 1:30</p>	<p style="text-align: center;">29</p> <p style="text-align: center;">Enfield Square 9:30 -1:30 lunch on your own</p> <p style="text-align: center;">Tai Chi 10:30</p>	<p style="text-align: center;">30</p> <p style="text-align: center;">In house Movie "Saving Mr. Banks" 9:30 - 11:30</p> <p style="text-align: center;">Jewelry Making Workshop 10:30</p>

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 - WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.