



East Windsor Senior Center Events & Activities Calendar MAY 2016

SENIOR CENTER HOURS - MONDAY THROUGH FRIDAY 8:00 a.m. to 3:00 p.m.

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON - WHEELS 292-8279 WEBSITE WWW.EASTWINDSORCT.COM



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p>Shopping - Big Y or Walmart 9:00-10:30</p> <p>Fitness 10:30-11:30 \$\$</p> <p>Wii Bowling 12:30 - 1:30</p> <p>Art with Tex 12:30</p>	<p>Game Day 10:00-11:30</p> <p>Chair Yoga 12:30-1:30 \$\$\$</p>	<p>Shopping at Geissler's 9:00</p> <p>Wii Zumba 12:30</p> <p>Warehouse Point Library 1:00-2:00</p>	<p>Free Blood Pressure and Sugar Screening 10:00</p> <p>Jewelry Making w/ Janice \$\$\$ 10:30-11:30</p> <p>Senior Club Meeting 12:30-3:00</p>	<p>Movie: <i>The Intern</i> 10:00-12:00</p> <p>Lunch & Learn "Home Safety" Presented by: Blair Manor 12:00-1:30 NO CRT LUNCH</p> <p>Mobile Food Share St. Catherine's Church 1:45-2:30</p>
9	10	11	12	13
<p>Shopping - Big Y or Walmart 9:00-10:30</p> <p>Fitness 10:30-11:30 \$\$</p> <p>Wii Bowling 12:30 - 1:30</p> <p>Art with Tex 12:30</p>	<p>Mother's Day Tea 10:00-11:00 (Bring Recipes)</p> <p>1:1 Law Sessions 12:30 (By Appt.)</p> <p>Chair Yoga 12:30 \$\$\$</p>	<p>Shopping at Geissler's 9:00</p> <p>Wii Zumba 12:30</p> <p>Legal Aid Presentation: POA/Advance Directive 12:30-1:30</p>	<p>Coloring with Kristen 10:00-11:30</p> <p>Bingo for \$\$\$ 12:30-2:00</p>	<p>Ringling Brothers Circus \$\$\$ 9:30-2:00</p>
16	17	18	19	20
<p>Shopping - Big Y or Walmart 9:00-10:30</p> <p>Fitness 10:30-11:30 \$\$</p> <p>Wii Bowling 12:30 - 1:30</p> <p>Art with Tex 12:30</p>	<p>Foot Care 9:00-1:00 \$\$\$</p> <p>Focus Group 10:00-11:00</p> <p>Food for Thought 11:00-11:30</p> <p>Chair Yoga 12:30 \$\$\$</p>	<p>Shopping at Geissler's 9:00</p> <p>Crafts with Melissa 10:30</p> <p>Chris Davis and AARP present FRAUD 12:30</p> <p>Will Zumba 12:30</p>	<p>Jewelry Making w/ Janice \$\$\$ 10:30-11:30</p> <p>Sit & Stitch 10:00-11:30 (Self-Guided)</p> <p>Senior Club Meeting 12:30-3:00</p>	<p>Brain Power 12:30</p> <p>Mobile Food Share St. Catherine's Church 1:45 - 2:30</p>
23	24	25	26	27
<p>Shopping - Big Y or Walmart 9:00-10:30</p> <p>Fitness 10:30-11:30 \$\$</p> <p>The Book Club 10:30 <i>The Paris Wife by Paula McLain</i></p> <p>Wii Bowling 12:30 - 1:30</p> <p>Art with Tex 12:30</p>	<p>Lobster Feast at the Log Cabin 10:45-4:00</p> <p>Chair Yoga \$\$\$ 12:30</p>	<p>Shopping at Geissler's 9:00</p> <p>Wii Zumba 12:30</p> <p>Trivia w/ Teresa 12:30-1:30</p>	<p>Monthly Social 12:00 Entertainment Begins at 12:30 Featuring: Illusionist David Reed Brown</p>	<p>Bowling at Vernon Senior Center 12:30-3:00</p>
30	31			
<p>SENIOR CENTER CLOSED MEMORIAL DAY</p>	<p>Cookout at Fresh River Health Care 11:45-2:00</p> <p>Chair Yoga 12:30 \$\$\$</p>	<p style="font-size: 24px; font-weight: bold; margin: 0;">OLDER AMERICANS MONTH</p> <p style="font-weight: bold; margin: 0;">BLAZE A TRAIL: MAY 2016</p>		

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 - WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.