

# East Windsor Senior Center Events and Activities

# NOVEMBER 2014

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON- WHEELS (860) 292-8279 WEBSITE: [www.eastwindsorct.com](http://www.eastwindsorct.com)

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
<p>Shopping - Big Y or Walmart 9:00 - 11:00</p> <p>Art Class 12:30</p> <p>Wii Bowling 12:30</p>	<p>Game Day w/Shawna 10:00 - 11:30</p> <p>Greater Hartford Legal Aid Help for Seniors in the Community 10:30 a.m. - 11:30 a.m.</p> <p>ELECTION DAY - Rides to the Polls 12:30 p.m. - 2:00 p.m.</p> <p>Chair Yoga 12:30 p.m.</p>	<p>Shopping at Geisslers 9:00</p> <p>Mani-Pedi Appts. 10:00 - 11:40</p> <p>Hartford Wolfpack Game 10:00 a.m. - 2:30 p.m.</p> <p>Wii Zumba 12:30</p> <p>WHPT Library 1:00 - 2:00</p>	<p>Fitness Class 10:00 - 11:00</p> <p>Blood Pressure/Sugar Screening 10:00 a.m. - 12:30 p.m.</p> <p>Lunch at Captain Jimmy's 11:00 a.m. - 2:00 p.m.</p> <p>Senior Club Meeting 1:00 - 3:00</p>	<p>Human Services Open House 10:00 - 11:30</p> <p>Jewelry Making w/Janice 10:30 - 11:30</p> <p>Mobile Foodshare St. Catherine's Church 1:45 - 2:30</p>
<p>10</p> <p>Shopping - Big Y or Walmart 9:00 - 11:00</p> <p>Art Class 12:30</p> <p>Wii Bowling 12:30</p>	<p>11</p> <p>Senior Center Closed</p> <p>VETERAN'S DAY</p>	<p>12</p> <p>Shopping at Geisslers 9:00</p> <p>Mani-Pedi Appts. 10:00 - 11:40</p> <p>Wii Zumba 12:30</p>	<p>13</p> <p>In-House Movie <i>Hannah and Her Sisters</i> 9:30 a.m. - 11:30 a.m.</p> <p>Fitness Class 10:00 - 11:00</p> <p>In-House Bingo 12:30 - 2:00</p>	<p>14</p> <p>POCD Meeting with Seniors 10:00 a.m. - 11:30 a.m.</p>
<p>17</p> <p>Shopping - Big Y or Walmart 9:00 - 11:00</p> <p>Art Class 12:30</p> <p>Wii Bowling 12:30</p>	<p>18</p> <p>Focus Group 10:00 - 11:00</p> <p>Food for Thought 11:00 - 11:30</p> <p>Chair Yoga 12:30 p.m.</p>	<p>19</p> <p>Shopping at Geisslers 9:00</p> <p>Mani-Pedi Appts. 10:00 - 11:40</p> <p>Wii Zumba 12:30</p> <p>Set up for Monthly Social</p>	<p>20</p> <p>November Birthday Social Entertainment by: Tom Hanford 12:30 p.m.</p>	<p>21</p> <p>Foot Care Services 9:00a.m. - 1:00 p.m.</p> <p>Jewelry Making w/Janice 10:30 - 11:30</p> <p>Mobile Foodshare St. Catherine's Church 1:45 - 2:30</p>
<p>24</p> <p>Shopping - Big Y or Walmart 9:00 - 11:00</p> <p>Book Club 10:30 a.m. <i>Light Between Oceans</i> by M.L. Stredman</p> <p>Art Class 12:30</p> <p>Wii Bowling 12:30</p>	<p>25</p> <p>Salem Cross Inn Lunch 10:00 a.m. - 3:00 p.m.</p> <p>Chair Yoga 12:30 p.m.</p>	<p>26</p> <p>Shopping at Geisslers 9:00</p> <p>Mani-Pedi Appts. 10:00 - 11:40</p> <p>Wii Zumba 12:30</p>	<p>27</p> <p>Senior Center Closed</p> <p>Thanksgiving Day</p>	<p>28</p> <p>BLACK FRIDAY SENIOR CENTER CLOSED</p>

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 - WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.

**THE CENTER IS OPEN**

**MONDAY THRU FRIDAY**

**8:00 A.M. - 3:00 P.M.**