

East Windsor Senior Center Events & Activities Calendar **OCTOBER 2016**

SENIOR CENTER HOURS - MONDAY THROUGH FRIDAY 8:00 a.m. to 3:00 p.m.

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON - WHEELS 292-8279 WEBSITE WWW.EASTWINDSORCT.COM



Monday	Tuesday	Wednesday	Thursday	Friday
3 Shopping-Big Y or Walmart 9:00-10:30 Fitness 10:30-11:30 \$\$\$ Art with Tex 12:30 Wii Bowling 12:30	4 Game Day 10:00-11:30 Chair Yoga 12:30 \$\$\$	5 Shopping-Geissler's 9:00-10:30 Trivia with Teresa 10:00-11:00 Wii Zumba 12:30 WHPT Library 1:00-2:00	6 Jewelry w/ Janice 10:30-11:30 \$\$\$ Coloring with Kristen 10:00-11:30 SNAP Presentation 10:30-11:30 Senior Club Meeting 1:00-3:00	7 Muffins and a Movie: "This is Where I Leave You" 10:00-12:00 Mobile Food Share St. Catherine's Church 1:45 - 2:30
10 Columbus Day Senior Center Closed 	11 1:1 Law Sessions 12:30 Chair Yoga 12:30 \$\$\$	12 Shopping-Geissler's 9:00 Wii Zumba 12:30	13 Health Fair 9:00-12:00 (25 School Street, East Windsor) 	14 Salem Cross Inn 10:00-2:30 
17 Shopping-Big Y or Walmart 9:00-10:30 Fitness 10:30-11:30 \$\$\$ Art with Tex 12:30 Wii Bowling 12:30	18 Foot Care \$\$\$ 9:00-1:00 Food for Thought 11:00-11:30 Chair Yoga 12:30 \$\$\$	19 Shopping-Geissler's 9:00 Crafts 10:30-11:30 State Rep. Chris Davis 12:30 Wii Zumba 12:30	20 Sit and Stitch 10:00-11:30 Jewelry w/ Janice 10:30-11:30 \$\$\$ Senior Club Meeting 1:00-3:00	21 Lunch at Golden Corral 10:30-2:00 Mobile Food Share St. Catherine's Church 1:45 - 2:30
24 Shopping-Big Y or Walmart 9:00-10:30 Fitness 10:30-11:30 \$\$\$ Art with Tex 12:30 Wii Bowling 12:30	25 Focus Group 10:00-11:00 Scarecrow Walk & Lunch 11:45-2:30  Chair Yoga 12:30 \$\$\$	26 Shopping-Geissler's 9:00 Lunch & Learn Presented by: Blair Manor 12:00 "Fall Prevention" Wii Zumba 12:30	27 Monthly Birthday Social 12:00 Featuring: Jeannie Murphy 	28 BINGO 12:30-2:00 
31 Shopping-Big Y or Walmart 9:00-10:30 The Book Club 10:30 Fitness 10:30-11:30 \$\$\$ Art with Tex 12:30 Wii Bowling 12:30				

ST 9/16/16

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 -WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.