

TOWN OF EAST WINDSOR

Updated 4/23/2020

Resource Guide in response to COVID-19

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TOWN/STATE/FEDERAL RESOURCE INFORMATION

WEBSITES/SOCIAL MEDIA:

Town Website: <https://www.eastwindsor-ct.gov/>

Town Facebook: <https://www.facebook.com/townofeastwindsor/>

State Updates: <https://portal.ct.gov/coronavirus>

Center for Disease Control and Prevention: www.cdc.gov

North Central CT District Health: <http://www.ncdhd.org/>

East Windsor Chamber of Commerce: www.eastwindsorchamber.com for referral as well. (Any Business that wants to participate in future "What's Open" feel free to email your business info to jim@eastwindsorchamber.com -You do not need to be a member of EWCC).

Infoline-2-1-1: 2-1-1 is your one-stop connection to the local services you need, from utility assistance, food, housing, childcare, after school programs, elder care, crisis intervention and much more. 2-1-1 is always ready to assist you find the help you need. Dial 2-1-1 or search online. If you are outside Connecticut or have a problem using the 2-1-1 number, dial 1-800-203-1234. **Text CTCOVID to 898211 for Updates.**

TOWN BUILDING INFORMATION:

MAIN TELEPHONE NUMBER: 860-623-8122

PLEASE BE ADVISED THAT TOWN BUILDINGS ARE CLOSED TO THE PUBLIC. STAFF CAN BE REACHED AT THE NUMBERS ON OUR DIRECTORY LOCATED at www.eastwindsor-ct.gov.

PLEASE NOTE THAT WE HAVE A CONVENIENT DROP BOX LOCATED OUTSIDE THE TOWN HALL FRONT DOORS FOR PAYMENTS. PAYMENTS CAN ALSO BE MADE ONLINE THROUGH OUR WEBSITE AT www.eastwindsor-ct.gov.

SCHOOLS

Schools will be closed through May 20,2020 as of 4/9/20

Website: <https://www.eastwindsork12.org/>

Facebook: <https://www.facebook.com/East-Windsor-Public-Schools>

FOOD DISTRIBUTION: THIS WILL TAKE PLACE ON GOOD FRIDAY AND NEXT WEEK DURING SCHOOL VACATION (4/13-4/17). The East Windsor Schools continue to provide bagged breakfast and lunch for all students Monday – Friday 7 am – 10 am. These are available at East Windsor Middle School as “grab and go”. If you don’t have a way to pick up, please contact your child’s school and leave a message. We will attempt to assist you as much as possible. There is also an option for pick up at Mill Pond for the “grab and go” meals from 9 am-10:30 am.

Community Health Center (CHC) MEDICAL SERVICES: Any parent whose child is enrolled in the CHC medical services and is seeking medical care can contact CHC’s main number **860-347-6971**. When you call in, you will be triaged over the phone by a nurse and referred appropriately based on your child’s symptoms. If it is determined that your child needs to be seen, you will be referred to the Community Health Center-Enfield site at 5 North Main Street, Enfield, CT 06082. Telephone: **860-253-9024**.

CHC behavioral health services are now able to provide tele-health services. If your child is enrolled in CHC and is requiring behavioral health services, you can call **860-852-0871**. The message will prompt you to leave a voicemail and the voicemails will be forwarded to the appropriate clinician. Please note, when a clinician returns the call, the number may appear as a blocked number. Please answer so your clinician can provide the necessary services.

PHONE CALLS: Some of our staff may be trying to reach students or families by telephone. The call may show as “no caller ID”, so please pick up the call. Some of these calls may be teachers trying to check in on your child, answer questions etc.... or related service providers offering assistance.

INTERNET: For those of you who may need assistance with Internet, please see the message below from our Director of Technology:

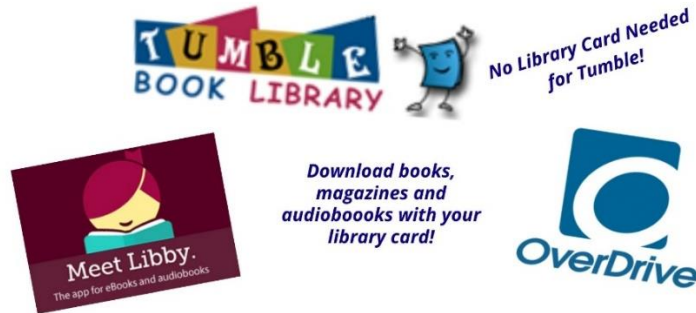
East Windsor families that live in a Cox Cable service area that need affordable internet can visit **www.cox.com/c2c**, or email **connectnow@cox.com** to see if they qualify. Cox can also be reached at **1-800-234-3993**. Cox is offering the first month free, including one month of free remote helpdesk support. The service will be \$9.95/month after that. There are also low-cost options for those that do not qualify.

SCHOOL PLAYGROUNDS: PLEASE AVOID THE SCHOOL PLAYGROUNDS DURING THE STAY AT HOME, STAY SAFE TIME.

LIBRARIES

WAREHOUSE POINT LIBRARY: <https://www.facebook.com/warehousepointpubliclibrary/>

**Need something to read?
Check out the Warehouse Point Library's Website!**



www.warehousepointlibrary.info

BROAD BROOK LIBRARY:

Broad Brook Library Facebook Page: <https://www.facebook.com/Broad-Brook-Library>

IN KEEPING WITH THE CONCERNS FOR PERSONAL HEALTH SAFETY - THE BROAD BROOK LIBRARY WILL BE CLOSED TO THE PUBLIC FOR THE TIME BEING - STAY SAFE. READING IS A GOOD WAY TO SPEND TIME WHILE WE'RE WAITING FOR THIS DIFFICULT TIME TO PASS.

COMMUNITY SERVICES

PARKS AND RECREATION: <https://www.facebook.com/East-Windsor-Parks-and-Recreation>

Check out our fun and exciting at home recreation activities and tag us in your photos with [#EastWindsorRECathome](#)



SENIOR SERVICES:

<https://www.facebook.com/East-Windsor-Senior-Services>

The Senior Center is currently **CLOSED**. We will continue transportation for medicals, food pantry and grocery shopping only. Our staff will deliver "Grab and Go" meals and Meals on Wheels to registered seniors. Please call us at **860-292-8279** with any questions, to register a senior citizen for service. Follow our Senior Services on Facebook for ideas and activities to keep you busy. Don't forget to check in on us too! Be Well!

SOCIAL SERVICES: <https://www.facebook.com/East-Windsor-Social-Services>

East Windsor Social Services Office is currently **CLOSED FOR IN-PERSON MEETINGS**. Staff will remotely continue to assist via telephone and email during normal office hours. Please call us at **860-623-2430** for assistance.

ENERGY ASSISTANCE: The **last day** to order deliverable fuel through the Energy Assistance Program (CRT) is **JUNE 1st 2020**. You can order fuel by calling CRT at **860-560-5800**. You can place your order with either your case number or your social security number. If you have any questions, please contact East Windsor Social Services at **860-623-2430**.

RENTERS CONCERN ZOOM CALL:



LEGAL SERVICES BRIEFING ON COVID-19 RELATED HOUSING ISSUES For our Community Partners

What if I can't pay my rent?
Can my landlord start an eviction in court?
What do I do if my landlord is harassing me?
And other current issues in housing...

with

Jane Kelleher, Connecticut Legal Services
Nancy Hronek, Greater Hartford Legal Aid
Mary Conklin, Connecticut Legal Services
Elizabeth Rosenthal, New Haven Legal Assistance Association

Wednesday, April 29, 2020 at 12:30 PM

Zoom: <https://zoom.us/j/97408382389?pwd=cDlNdnpDeWRCNXlRcEZ6ZjNOWVlhUT09>

Dial-in number: 646-876-9923 or 301-715-8592

Meeting ID: 974-0838-2389 Password: 075378

Send questions in advance to HousingBriefing@ctlegal.org

RENTERS REBATE: East Windsor Social Services will be accepting applications for the 2019 Renters' Rebate Program. However, at this time we are uncertain of when we will begin accepting applications due to the Coronavirus (COVID19). As soon as we can accept applications you will be notified. For a list of information that is required in order to process your application, please visit our website at www.eastwindsor-ct.gov under Social Services. Please note that if you do not provide these documents at your scheduled appointment your application will not be processed.



CT SafeConnect:

If you are experiencing abuse at home and need a family violence restraining order, we want you to know that help is available. Governor Lamont signed an executive order making it possible to file for a family violence restraining order completely online.

Domestic violence advocates are ready to assist you with the process. #CTSafeConnect advocates are available 24/7 via call, chat and email. All services are confidential, safe, free and voluntary. CTSafeConnect.org | 888.774.2900.

Economic impact payments: Stimulus checks will either be directly deposited into your bank or mailed to you home. People will receive their stimulus checks via direct deposit if they currently receive Social Security, Social Security Disability or if they filed 2018 and/or 2019 with direct deposit.

SOCIAL WELL-BEING CHECK INS: Social isolation can take its toll on anyone. Now is a great time to call, email, or text family, friends, neighbors, etc. The Community Services Departments are working on developing a Social Wellbeing Check-in system for its residents. Phone calls will be placed by town staff to help limit the feeling of isolation. This system is currently in the development phase. If you are an East Windsor resident and wish to be added to the call list, you can email your full name, address, and phone number to Dwilliams@eastwindsorct.com, Bjoy@eastwindsorct.com, or KMonteiro@eastwindsorct.com.

Everyone reacts differently to stressful situations like COVID-19. You may feel anxiousness, anger, sadness, or be overwhelmed. Find ways to reduce your stress to help yourself and the people you care about. The CDC is recommending that if you or a loved one is feeling overwhelmed, get support 24/7 by calling **1-800-985-5990** or text **TalkWithUs to 66746**. Learn more about stress and coping during the COVID-19 outbreak: <https://bit.ly/39UVoEj>

check
in
at home

100
REASONS

KNOW
YOUR
LIMIT

RISE
up

BF

If you or someone you know is struggling,
there is hope and help available.

Phone, Text, Web & Chat Resources:

- **Crisis Text Line** | TEXT 741741
- **National Suicide Prevention Lifeline**
CALL 1-800-273-8255 or CHAT online
- **Veterans Crisis Line**
CALL 1-800-273-8255 (Press 1), TEXT 838255, or
CHAT online
- **Alcoholics Anonymous Online Intergroup**
aa-intergroup.org
- **SMART Recovery Online**
smartrecovery.org/community
- **RAINN (Rape, Abuse & Incest National Network)**
CALL 860-656-4673 or CHAT online
- **TrevorLifeline (LGBTQ+)**
CALL 1-800-488-7386, TEXT 678678, or CHAT online



FOOD RESOURCES

FIVE CORNER CUPBOARD FOOD PANTRY:

www.facebook.com/FiveCornerCupboardFoodPantry

Five Corner Cupboard will continue to stay open as long as they can during this difficult time. Their hours have NOT changed. **TUESDAYS ONLY: 9 am -12 pm and 1 pm - 5:30 pm**. Clients are asked to stay in their cars and do not come into the building. You will be given a number in the parking lot. **PLEASE BRING A LIST OF WHAT YOU NEED**. A volunteer will take your list and fill the order as best they can based on what is available. Your order will be brought to your car. Please be prepared to wait. We don't know how long it will take to serve everyone using this "car hop" method. THE PANTRY IS IN DIRE NEED OF BAGS FOR SHOPPERS.

Donations will be accepted, especially paper products, Mondays from 9 a.m. to Noon.

SENIOR/DISABLED MEALS: Meals on Wheels and CRT “Grab and GO” lunches: Senior Center staff will deliver “Grab and Go” meals and Meals on Wheels to registered seniors. “Grab and Go” Meals are for people age 60 and older. The suggested donation is \$2.50 per day. Five days’ worth of frozen meals will be delivered on **TUESDAY** of each week. No mid-week signups are permitted. Please call us at 860-292-8279 with any questions or to register.

PAULINE’S STOCKPOT KITCHEN:

<https://www.facebook.com/stockpot.kitchen.33>

TO-GO Dinners are offered from 4pm to 5pm on Mondays, Wednesdays, and Fridays. Just drive in and meals are brought to your car along with milk and whatever goodies we can share.

We are located at 55 North Main Street in downtown East Windsor with the **Wesley United Methodist Church**. **NO ONE WILL BE ALLOWED IN THE BUILDING!**

This is all made possible by the Wesley United Methodist Church of East Windsor, Food Share of Bloomfield, The South Windsor Masons, TBC Services of East Windsor, DATTCO of Windsor Locks and a 100% volunteer staff of caring neighbors.

Foodshare Extends Drive-thru Food Distribution at Rentschler Field

Distribution dates:

- Monday, April 27 through Friday, May 1; and
- Monday, May 4 through Friday, May 8

Distribution times:

- 8:30 am to 12:00 noon; note gates will close at Noon

Distribution address:

- 615 Silver Lane, East Hartford, CT 06118 – Silver Lane entrance;

Important information:

- ***One allocation of food per car per day to ensure that we have enough food for everyone.***
- For the safety of pedestrians, we are not encouraging walk-ups; pedestrians see below.

Other resources for those unable to drive to East Hartford:

- Foodshare continues to operate Mobile Foodshare on the weekdays throughout the region. Our mobile sites are better suited for pedestrian traffic.
To find a site near you please text “**FOODSHARE**” to **85511** or go to www.foodshare.org/mobile.
- To find a food pantry and other resources near you, call 2-1-1 or go to <https://www.211ct.org/>.

If interested in volunteering or would like to donate to help us continue to serve our neighbors visit www.foodshare.org


End Hunger CT-EHC! SNAP Call Center (English & Spanish –1-866-974-7627)

SNAP- SNAP is available to anyone at or under 185% of the FPL. Full SNAP benefits will be given to all SNAP recipients for the months of March and April. If clients did not receive full benefits for March, they will get a supplement payment on April 9 and if they did not receive the full amount for April, they will get a supplement payment on April 20th. DSS still has 30 days to make a decision unless your income is less than what you are paying out in bills in that case, they have seven days to make the decision. You can apply online or call 18556connect or drop off an application at the office (for the time being) Someone can use your SNAP card to shop on your behalf. In order to find out if you are eligible for assistance, you will need to give information about your household, income, assets, and the bills you must pay each month. You can request forms mailed to you by calling **1-855-626-6632** or apply online at www.connect.ct.gov. The East Windsor Social Services office can also assist with this by calling **860-623-2430**.

GROCERIES:

Geissler's: <https://www.facebook.com/Geisslers.Supermarkets/>

New "Community Hour" every day 7 am – 8 am. This time will be reserved for seniors, those who are immunocompromised, and our first responders, to allow for the most vulnerable members of our community to shop in a less crowded environment.




SENIORS

COMMUNITY HOUR

Every Day 7am-8am

This time will be reserved for seniors, immunocompromised and our first responders, to allow for the most vulnerable members of our community to shop in a less crowded environment



Avoiding crowds? We are here to help . . .

The only local call-in delivery service
Call 860-623-0176
Monday through Friday 8am-4pm
or visit geisslers.com to order online

NEW REGULAR STORE HOURS!

Sunday: 8am-7pm
Monday: 8am-8pm
Tuesday: 8am-8pm
Wednesday: 8am-8pm
Thursday: 8am-8pm
Friday: 8am-8pm
Saturday: 8am-8pm





Limited time:
Geissler's is offering a
REDUCED RATE: \$5
for local delivery
or **FREE PICKUP**
*Administrative fee waived

Helping our community

You can order online @geisslers.com
or by phone 860-623-0176
*there is no minimum order required

*For more information on keeping you & your family protected go to CDC.gov

Big Y: WILL BE CLOSED SUNDAY APRIL 12th and Monday APRIL 13th Big Y stores will reserve the hours of 7 am to 8 am each day for customers who are 60 and older or have compromised immune systems. **INSTACART FOR BIG Y:** <https://www.instacart.com/big-y>

PRESCRIPTIONS:



Stop & Shop – Peapod (Fee's Vary):

Online Order Only – <https://www.peapod.com/>

NO Pick-up available (Temporarily Paused)

In-Store open ONLY to age 60 and over as well as customers who may have weakened immune systems from 6:00 am – 7:30 am Daily. Open to Public for remaining hours.

Walmart – (Fee's Vary):

Online Order Only – <https://grocery.walmart.com/>

Offers Pick – Up

Deliveries extremely limited currently

Shoprite – (Fee's Vary):

Online Order – <https://shop.shoprite.com/store/a4214012>

Phone Service Order – 1-800- ShopRite – 1-800-746-7748 Offers Delivery

AMAZON Prime - online only: <https://primenow.amazon.com/>

Target– (Membership to Pay Annually/Monthly):

Shipt.com

Offers Delivery

Aldi's – (Fee's Vary):

Online Order Only -<https://shop.aldi.us/>

Delivery and In-Store only

LOCAL RESTAURANTS:

This list was compiled by staff and is not all-inclusive. It was created using information from Facebook posts and information from the restaurants. We encourage you to check with your favorite restaurant to see if they are offering takeout or delivery services.

AMERICAN

Roberto's Real American Tavern

31 South Main Street

East Windsor

Telephone: 860-370-9888

<http://www.robertosct.com/>

Take Out

11:30 a.m. to 8:00 p.m.

Main Street Grille Restaurant and Pizzeria

110 Main Street

Broad Brook

Telephone: **860-386-6990**<http://grillemainstreet.com/>

Take Out, Delivery \$5.00 Fee

DoorDash, Grubhub

Sunday to Thursday 11:00 a.m. to 9:00 a.m.

Friday and Saturday 11:00 a.m. to 10:00 p.m.

ASIAN**Mei Tzu Sushi Bar and Kitchen**

4 Prospect Hill Road, #6

East Windsor

Telephone: **860-254-5797**<http://www.meitzu.com/>

Take Out

Monday to Thursday 11:00 a.m. to 9:30 p.m.

Friday to Saturday 11:00 a.m. to 10:00 p.m.

Sunday 12:00 p.m. to 9:00 p.m.

BREAKFAST/COMFORT FOOD**Hotcakes Family Restaurant**

238 South Main Street

East Windsor

Telephone: **860-623-9969**

Take Out Only

6:00 a.m. to 2:00 p.m.

Sunny House

75 South Main Street

East Windsor

Telephone: **860-254-5399**<http://sunnyhouserestaurant.com/>

Take Out Only

7:00 a.m. to 2:00 p.m.

Wayback Burgers

137 Prospect Hill Road

East Windsor

Telephone: **860-623-2404**<https://waybackburgers.com/>

Take Out, Drive Through

Grubhub, Wayback App, Doordash

10:30 a.m. to 9:00 p.m.

Cracker Barrel Old Country Store

145 Prospect Hill Road

East Windsor

Telephone: **860-623-8824**<https://www.crackerbarrel.com/order-online/>

Carry Out and Curbside 8:00 a.m. to 8:00 p.m.

COFFEE

Dunkin' (Three Locations)

1 Thompson Road

East Windsor

Telephone: **860-783-8958**

Drive Through – 24 Hours

Lobby – Take Out Only 5:00 a.m. to 6:00 p.m.

172 Bridge Street

East Windsor

Telephone: **860-623-2522**

Take Out

Open 24 Hours

216 South Main Street

East Windsor

Telephone: **860-903-1013**

Drive Through and Pick Up Only

Monday – Saturday 5:00 a.m. to 7:00 p.m.

Sunday 6:00 a.m. to 6:00 p.m.

FAST FOOD

Burger King

172 Bridge Street

East Windsor

Telephone: **860-623-5027**

Drive Through and Take Out Only

6:00 a.m. to 11:00 p.m.

Doordash

Taco Bell

41 Prospect Hill Road

East Windsor

Telephone: **860-623-0647**

Drive Through

KFC

21 Prospect Hill Road

East Windsor

Telephone: **860-623-0647**

Drive Through

10:00 a.m. to Midnight

Wendy's

45 Prospect Hill Road

East Windsor

Telephone: **860-640-2773**

Drive Through 6:30 a.m. to 1:00 a.m.

Doordash

Subway (Two Locations)

2 North Road

East Windsor

Telephone: **860-627-0777**

Take Out Only

Monday – Friday 9:00 a.m. to 10:00 p.m.

Saturday 8:00 a.m. to 10:00 p.m.

Sunday 9:00 a.m. to 9:00 p.m.

Inside Walmart Supercenter

44 Prospect Hill Road

East Windsor

Telephone: **860-627-3622**

Take Out Only

9:30 a.m. to 7:00 p.m.

ITALIAN/MEDITERRANEAN

Henry's Pizzeria
255 South Main Street
East Windsor
Telephone: **860-623-4020**
<https://www.henryspizzeria.com/>
Full Menu – Take Out Only
11:30 a.m. to 9:00 p.m.

Nonna's Pizza Restaurant
140 South Main Street, #1
East Windsor
Telephone: **860-903-1403**
<https://www.nonnaspizzarestaurantmenu.com/>
Take Out
Delivery through DoorDash.com
10:30 a.m. to 8:00 p.m.

Golden Irene
18 Mullen Road
East Windsor
Telephone: **860-627-5971**
<http://www.goldenirenes.com/>
Full Menu and Family Specials
Take Out Only 11:00 a.m. to 8:00

Sofia's Restaurant and Pizzeria
136 Prospect Hill Road
East Windsor
Telephone: **860-623-9477**
<https://www.sofiasrestaurantct.com/>
Take Out Only
11:00 – 8:30 p.m.

SEAFOOD

Main Fish Market and Restaurant
60 Bridge Street
East Windsor
Telephone: **860-623-2281**
Website: <https://mainefishmarket.com/>
Take Out Only
Monday – Thursday 11:00 a.m. to 7:00 p.m.
Friday – Saturday 11:00 a.m. to 8:00 p.m.
Sunday 12:00 p.m. to 7:00 p.m.

SUPPLIES

The demand is high for certain supplies such as cleaning products, paper towels, toilet paper, hand sanitizer, etc. Local stores have been restocking as quickly as possible and some stores have issued limits on the amount you can buy of certain items. Please check back with local stores to see if they have certain items available. In the Food Resources section of this resource guide, you can find specific grocery store information. Additional stores or resources include local gas stations or convenience stores.

MEDICAL INSURANCE

Medicare-1800-Medicare

CHOICES-Connecticut's program for Health Insurance assistance, Outreach, Information and referral, Counseling, Eligibility Screen 1-800-994-9422. Contact the East Windsor Senior Centers Choices Counselor Shawna Tustin with any questions: 860-698-1415.

PHARMACIES/PRESCRIPTIONS

The CDC recommends you contact your health care provider to ask about obtaining extra necessary medications to have on hand during the outbreak of COVID-19. If you cannot get extra medications, consider using mail-order for medications. CVS and Walgreens are offering free delivery of prescriptions. There may be delays due to high demand. Please contact your pharmacy directly.

PHARMACIES:

Big Y Pharmacy

67 Prospect Hill Road
East Windsor
Telephone: **860-623-1407**

Rite Aid/Walgreens

74 Bridge Street
Warehouse Point
Telephone: **860-623-3327**

Walmart Pharmacy

44 Prospect Hill Road
East Windsor
Telephone: **860-292-1573**

MEDICAL TRANSPORTATION

East Windsor Senior Center **860-292-8261**: Rides are available for East Windsor residents age 60 and over and for disabled individuals under the age of 60. Riders are limited to one ride per week and are asked a series of health related questions prior to riding.

Veyo for Husky Clients **1-855-478-7350**

Other Agencies

- DSS-Department of Social Services **1-855-626-6632** Assistance with SNAP (Supplemental Nutrition Assistance Program), Medical Assistance and SAGA (Cash assistance for single disabled adults with no children), TFA (Temporary Family Assistance for families with children under 18 years. <https://connect.ct.gov/>)

- Social Security Administration **1-877-409-8429** <https://www.ssa.gov/>
- Department of Labor-Filing for Unemployment **860-263-6000** <http://www.ctdol.state.ct.us/>

PRESIDENTIAL PRIMARY AND ABSENTEE BALLOT INFORMATION

RESCHEDULED TO: JUNE 2, 2020 – DEMOCRATIC & REPUBLICAN PRIMARIES

TOWN OF EAST WINDSOR **Democratic & Republican Primaries Rescheduled**

The June 2, 2020 Democratic & Republican Primaries have been rescheduled to Tuesday, August 11, 2020, by Governor Ned Lamont. As we get closer to the primaries, there will be detailed information about the primaries on the Town Clerk's page of the Town of East Windsor website, www.eastwindsor-ct.gov and on the town of East Windsor's Facebook page. If you have any questions, please call the town clerk's office (860) 292-8255.

TAX PREPARATION

AARP Foundation Tax Aide sites were closed beginning March 16th until further notice. They will continue to assess when they can open again. You can call **1-(888)-227-7669** for updates about the status of AARP Tax Aide. Many VITA sites across the state have closed. Check back in with **2-1-1** in a couple of weeks to see if sites are reopening. You can prepare your taxes online for **FREE** at www.myfreetaxes.com. **The Federal & State Income Tax filing and payment deadlines have been moved to July 15th instead of the traditional April 15th deadline.**

SCAMS/PRICE GOUGING

Whenever a situation as serious as coronavirus is on residents' minds across the country, bad actors and scam artists often take advantage of consumers. The Department of Consumer Protection and the Office of the Attorney General have already received complaints and issued warnings to consumers. Anyone who notices a marketplace issue or feels they have been the victim of a scam, should please contact the State.

Connecticut U.S. Attorney John H. Durham said suspected fraud schemes related to COVID-19 should be reported to National Center for Disaster Fraud at **866-720-5721** or by email: disaster@leo.gov.

State Agency Contact Information to file a complaint: **860-808-5318**

Connecticut Attorney General

Department of Consumer Protection

860-713-6300

Complaint Forms and Procedures Insurance Department
*(The Insurance Department should be contacted about
Issues with travel insurance.*

860-203-3447 or 860-297-3900

PRACTICAL TIPS

1. Always make sure to wash your hands before and after you pick up the groceries from your doorstep. The CDC recommends washing your hands with soap and water for at least 20 seconds. Although researchers say the risk of contracting the virus from contaminated surfaces – such as bags and packaging – is low, it's better to be safe than sorry.
2. The food safety rules when it comes to eating fresh fruits and vegetables haven't changed: Just run them under the faucet and use clean hands to rub off any soil or dirt. Soap is not necessary since many soaps are harmful to ingest. Plus, there is very little evidence that a respiratory disease is transmitted through produce.
3. After you've put away all of your groceries, **disinfect all the surfaces your bags have touched**. Generally, it's a good practice to clean surfaces after any sort of use.
4. **Wash nonporous containers.** Simple rubbing with soap and water can kill the coronavirus because it tears apart its outer barrier. So use dish soap on plastic, glass, and metal before putting them away. If that's not practical, wash your hands well after putting away all packaging, including paper boxes and bags. It also doesn't hurt to wash your hands after opening the containers and using their contents.

"It all comes down to hand hygiene," says Liz Garman, a spokesperson for the Association for Professionals in Infection Control and Epidemiology in Arlington, Virginia.



As of today, Monday April 20, a total of 19,815 laboratory-confirmed cases of COVID-19 have been reported among Connecticut residents, up 1,853 cases since yesterday (the large uptick is due in part to a new way to count COVID-19 infections and deaths by the CDC). 1,919 patients are currently hospitalized, up 18 from yesterday. There have been 1,331 COVID-19-associated deaths in Connecticut, which is 204 more than yesterday, again in part due to new guidelines from the CDC. 62,806 people in Connecticut have been tested for COVID-19, or about 31.55% positive.

For a town-by-town breakdown and other COVID-19 statistics, please visit: <https://portal.ct.gov/Coronavirus>

Face Coverings Mandatory In Public

As of 8 p.m. today, Monday, April 20, members of the public will be required to wear face coverings in public whenever close contact with other people will be unavoidable, according to an executive order signed by Governor Lamont. When individuals cannot maintain safe social distancing, such as in stores, in public transportation or in other enclosed spaces, they should cover their faces with masks or cloth face coverings. This includes employees working in businesses. Anyone who has a medical condition that would make them unable to safely wear a face covering, any child under the age of 2, or any child whose guardian is unable to safely place a mask on their face are exempt from the mandate.

COVID-19 can spread between people interacting in close proximity, even if those people are not exhibiting symptoms.

That's why Governor Lamont is now calling Connecticut residents to wear cloth face coverings in public settings (e.g., grocery stores and pharmacies).



According to the Centers for Disease Control and Prevention, wearing a cloth face covering is intended to slow the spread of COVID-19, particularly in the event that an individual is a carrier of the virus and is not experiencing symptoms. Wearing a face covering is expected to sharply decrease the ability of the virus to transfer from person to person. Additionally, cloth masks are not a replacement for social distancing and continuing to practice hygiene; those steps should continue to be followed whenever possible.

Financial Information Amid COVID-19

With stimulus checks and paycheck protections already in place, there are a number of additional financial changes happening to support individuals amid the continued spread of COVID-19. This includes:

Waiver of early distribution penalties

The additional 10 percent tax on early distributions from IRAs and defined contribution plans like 401(k) plans are waived for distributions of up to \$100,000 made between January 1 and December 31 of this year by a person who, or whose family, is infected with COVID-19 or is economically harmed by it. Income arising from the distributions can be spread out over three years or treated as a rollover if repaid within three years.

Net Operating Losses

Business and individual taxpayers will no longer have the 80 percent taxable income limitations on the amount of Net Operating Loss that can be utilized for 2019 and 2020; additionally, net operating losses arising from 2018-2020 can now be carried back the prior five years.

Delays of Taxes

Employees and self-employed individuals are able to defer payment of the employer share of Social Security taxes for wages paid between date of enactment and December 31, with payments due equally December 31 of 2021 and 2022.

Filing and payment requirements for the meals and sales and use taxes for employers with under \$150,000 in liabilities in the last 12 months have been suspended for filings and payments due during March 20 and May 31 of this year; they have been delayed to June 20.

Banks Discouraged From Claiming Stimulus Payments

Connecticut Banking Commissioner Jorge Perez issued guidance last week to banks and credit unions, advising them not to use stimulus payment funds deposited into customers' accounts to offset outstanding debts they may carry. The guidance comes as Governor Lamont asks state agencies to assist Connecticut residents; many payment recipients have been laid off, furloughed or lost work as a result of COVID-19. The guidance asks banks and credit unions to wait a 30 day period from the date of a deposit to any use of it, and they are asked to communicate with a customer directly regarding that potential use. Financial institutions are urged to reverse application of payments as promptly as possible if they automatically apply new deposited funds to overdrafts or other debts.

Department of Revenue Services Assistance Program

The state Department of Revenue Services has launched a new assistance program, available to business and individual taxpayers who may be currently unable to meet collections obligations. Taxpayers who are subjects of payment plans, bank warrants, wage executions or other levies needing relief are asked to contact DRS directly to speak to a professional. They are asked to call 860-541-7650 from 8:30 a.m. to 4:30 p.m. Monday through Friday or to email DRSPriorityOne_CollectionsAssist@po.state.ct.us.

Presidential Primary Postponed To August 11

To protect voters', poll workers' and vulnerable individuals' health and safety, Governor Lamont has postponed the presidential primary to August 11. Originally, the primary was scheduled for April 28, and was initially rescheduled to June 2 before the second delay. This new date correlates with state and local primaries already scheduled, likely assisting voting turnout and increasing participation in the voting process.

Stress-Relief “Talk It Out” Hotline Launched



Parents and caretakers who are experiencing increased stress and struggling with the needs resulting from caring for children during COVID-19 are invited to call the new “Talk It Out” hotline. Trained professionals are ready to listen to and speak with those in need about concerns and potentially connect individuals with responsive services. Parents and caretakers are asked to call 1-833-258-5011 or visit www.talkitoutct.com for more information and to receive relief.

AdvanceCT Business Survey

AdvanceCT, a nonprofit dedicated to advancing economic competition in Connecticut, has launched a second survey for state businesses with a goal of providing continued feedback to state leaders regarding business impact of COVID-19. These survey results will be used to prioritize economic recovery initiatives. [The survey can be accessed here.](#)