

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	Veal Picatta Parslied Bowties California Blend Vegetables Wheat Dinner Roll Peaches	2	Minestrone Soup Tony's Individual Cheese Pizza Garden Salad w/Ranch Dress. Oyster Crackers Fresh Fruit
5	Swedish Meatballs w/Gravy Egg Noodles Peas & Baby Carrots 100% Whole Wheat Bread Fresh Fruit	6	Chicken Vegetable Soup Oven Fried Chicken Baked Beans Garden Salad w/Dressing Wheat Dinner Roll Cherry Apple Crisp	7	Roast Pork A La Orange Sweet Potatoes & Apples Collard Greens Pumpnickel Bread Apricots	8	Catch of the Day White Rice Blend Broccoli Normandy Tartar Sauce Rye Bread Fruit Festival	9	White Bean & Escarole Soup Manicotti w/Italian Sauce Spinach Salad w/Mandarin Oranges & Almonds Raspberry Vinaigrette Dressing Italian Bread Tropical Fruit
12	Chicken Stew Garden Salad w/Tom/Cucumber w/Dressing Buttermilk Biscuit Baby Carrots Sliced Peaches	13	Roast Beef Baked Potato w/Sour Cream Scandinavian Blend Vegetables Wheat Dinner Roll Sliced Pears	14	Country Style Soup Chicken Jubilee Fluffy White Rice Broccoli Florets Oatnut Bread Pineapple and Mandarin Oranges	15	Orange Juice Corned Beef Cabbage Parslied Baby Carrots Boiled Potatoes Mustard Rye Bread Special Dessert	16	Clam Chowder Buttercrumb Fish Filet On Multigrain Roll Potato Wedges Hawaiian Coleslaw Tartar Sauce Fresh Fruit
19	Cranapple Juice Breaded Chicken Cutlet on Sandwich Roll Sweet Potato Fries Leaf Lettuce Sliced Tomato Fresh Fruit	20	Lentil Soup Grande Cheese Ravioli Prince Edward Vegetables Tossed Salad w/Italian Dressing French Bread Stick Chocolate Pudding w/Marshmallows	21	Beef Liver w/Onion Gravy Whipped Potatoes Mixed Vegetables Pumpnickel Bread Tropical Fruit	22	Roast Turkey w/Gravy Winter Squash Cornbread Stuffing Wheat Dinner Roll Apricots	23	Grape Juice Kielbasa Pierogis w/Onion Butter Sauce Red Cabbage Rye Bread Sliced Peaches & Pears
26	Chicken Noodle Soup Salisbury Steak w/Vegetable Gravy Parslied Egg Noodles Baby Carrots Oatnut Bread Fresh Fruit	27	Chicken Barley Soup Herbed Seasoned Baked Chicken w/Broth Mashed Sweet Potatoes Spinach 100% Whole Wheat Bread Apricots	28	Baked Ham w/Pineapple Glaze Rice Medley Green & Wax Beans 12-Grain Bread Fruit Festival	29	Grape Juice Chicken Oriental w/Orange Sauce Over Fluffy White Rice Oriental Vegetables Wheat Dinner Roll Orange Sherbet	30	Pier 17 Fish Parslied Boiled Potatoes Broccoli Normandy Dinner Roll Fruit Cocktail

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses

All meals are served with milk, bread and margarine. DONATIONS: \$2.00 (or whatever you can afford)

For more information call from 8 am – 4 pm Hartford County (860) 560-5825 or Middlesex County (860) 347-4465 ext. 231 or ext. 228. www.crtct.org