



**EAST WINDSOR PARKS & RECREATION**

# **CHEER & TUMBLE 101**

A fun introduction to the fundamentals of cheerleading and tumbling. Basic to intermediate skills will be taught based on proper progressions for tumbling, stunting, motions, jumps, cheers and dances in a safe and age appropriate manner by World Cup All Star Certified Coaches.

**SIX WEEKS • AGES 5-10 • \$50.00**  
**BROAD BROOK SCHOOL GYM**

**Thursdays 12/2, 12/9, 12/16, 1/6, 1/13 & 1/20**  
**(No Class on 12/23, 12/30)**

**4:00-5:00pm**

**Registration can be done at**  
**[www.EastWindsorRec.com](http://www.EastWindsorRec.com)**

