

Healthy Kids



Running Series

The Healthy Kids Running Series is a five (5) week running program in the spring and fall for kids from Pre-K to 8th grade. Each Healthy Kids Running Series takes place once a week and offers age appropriate running events including the 50 & 75 yard dashes, the 1/4 mile, the 1/2 mile and the one mile run. Kids compete each week for a chance to earn points. At the end of the Series the boys and girls who accumulate the most points in their respective distances are awarded trophies. All participants receive a medal on Week 5!

East Windsor Park

3:00pm

Sundays starting September 12!

\$40.00 per child

Register at

<https://runsignup.com/hkrseastwindsor>

For more information, please contact
the Parks and Recreation office at 860-627-6662
or Mmaltese@healthykidsrunningseries.org

