



Tiny Food Explorers

All recipes are nut free.

Ages 3-5.

\$40 per parent/child duo

October 28 - November 25
NO Class 11/11 (Veterans Day)
10-11am @ 25 School St



Do you have a picky eater on your hands?



Do you struggle to introduce new foods to your preschooler?



Come to Tiny Food Explorers and learn how to have fun with healthy foods!



Your Tiny Food Explorer will learn about the five food groups through hands-on games, activities and taste test.



And you'll end every class by making a healthy snack together!

Register online through East Windsor Parks and Recreation
Spaces are limited - only 15 spots available.