

Yoga is back for the Fall!

Both in-person and virtual options are available

Dates and times

Wednesdays

October 7-December 2
(no November 25th)

6:15-7:30 PM



In-person class

Town Hall Annex

Mask are required when entering and exiting the building, and when not on your yoga mat

For in-person registrants, class size will be limited to ensure a 6 foot distance between mats.

Virtual registrants will be provided with a Zoom link in order to participate in the live class each week, and also the recorded link to view at their own convenience.

The cost is \$30 for residents, \$35 for non-residents

Registration is now open at www.EastWindsorRec.com

Please choose "in person" or "virtual" option.

All registrations must be done in advance: **no walk-ins** will be accepted for this session. Paper registrations can be placed in the black mailbox outside of our office at 25 School Street in WHP.

Any questions, please call (860) 627-6662